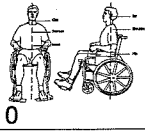


Wheelchair Kit

General Guidelines



0

3

No Picture

4

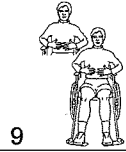


Height	Weight
115	85
116	86
117	87
118	88
119	89
120	90
121	91
122	92
123	93
124	94
125	95
126	96
127	97
128	98
129	99
130	100
131	101
132	102
133	103
134	104
135	105
136	106
137	107
138	108
139	109
140	110
141	111
142	112
143	113
144	114
145	115
146	116
147	117
148	118
149	119
150	120
151	121
152	122
153	123
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161	131
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182	152
183	153
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188	158
189	159
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198	168
199	169
200	170

Breathing



6

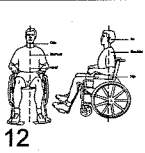


9



10

Neck



12



15



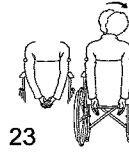
16



19



20



23



24



27



28

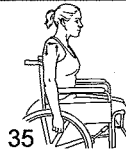


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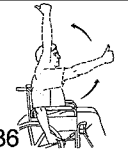
Shoulder: General Conditioning



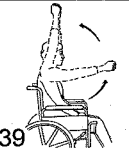
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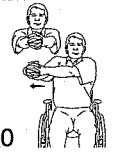
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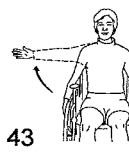
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39



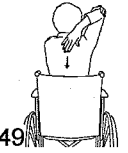
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43



44



49



50



53

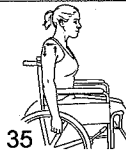


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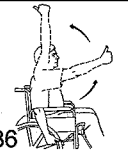
Shoulder: Flexibility



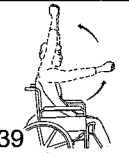
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35



36



39



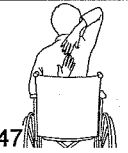
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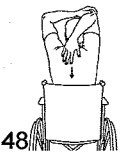
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44



47



48



51



52



69



76

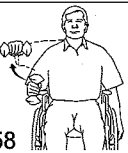
Shoulder: Strength



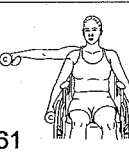
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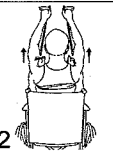
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58



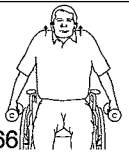
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62



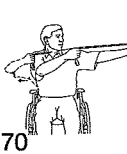
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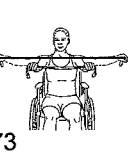
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69



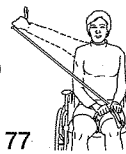
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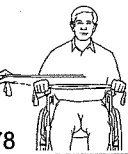
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74

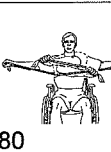


77



78

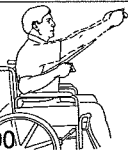
Chest: General Conditioning



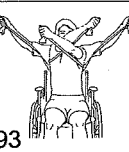
80



83



90



93

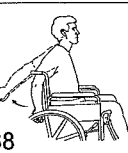
Chest: Flexibility



84



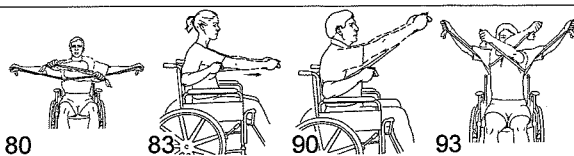
87



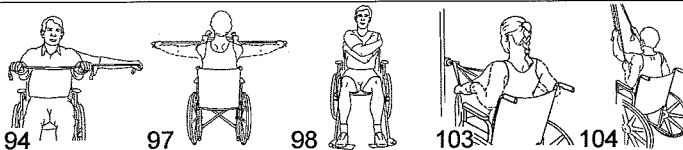
88

Wheelchair Kit

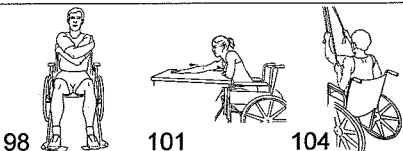
**Chest:
Strength**



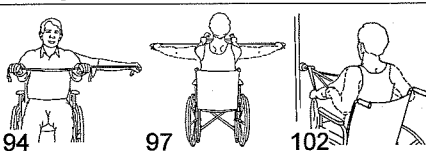
**Upper Back:
General Conditioning**



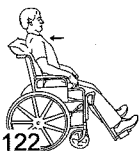
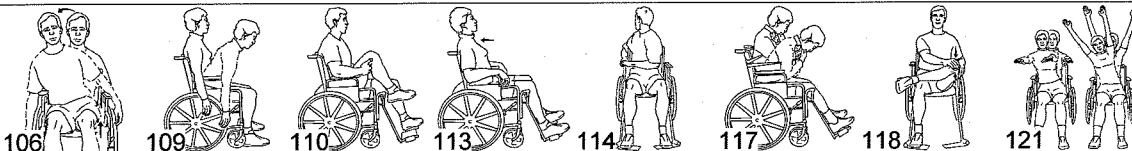
**Upper Back:
Flexibility**



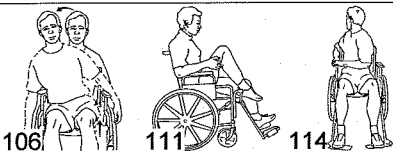
**Upper Back:
Strength**



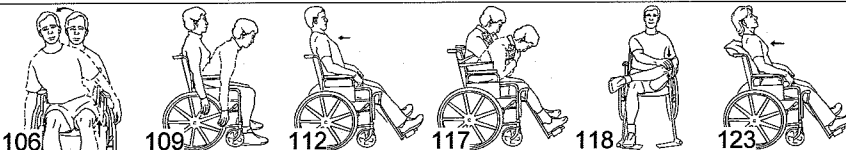
**Trunk:
General Conditioning**



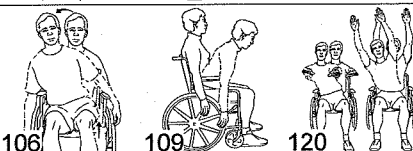
**Trunk:
Flexibility**



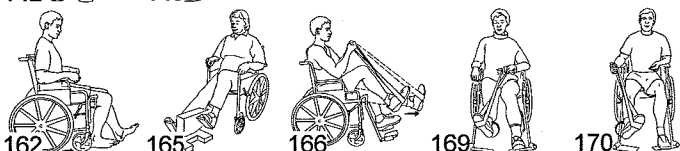
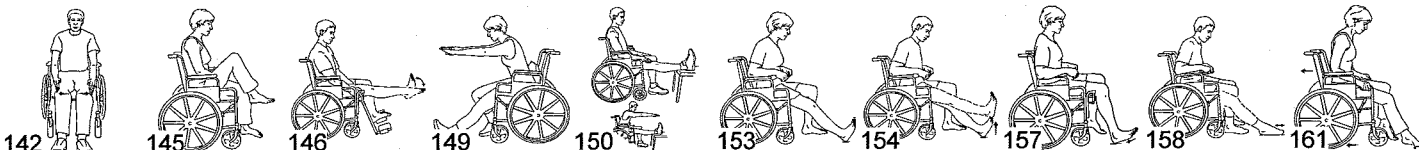
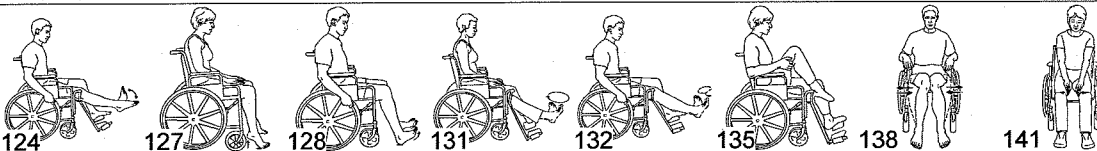
**Trunk:
Strength**



**Trunk:
Balance**

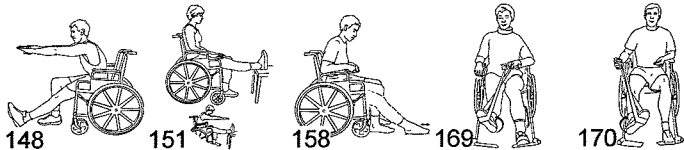
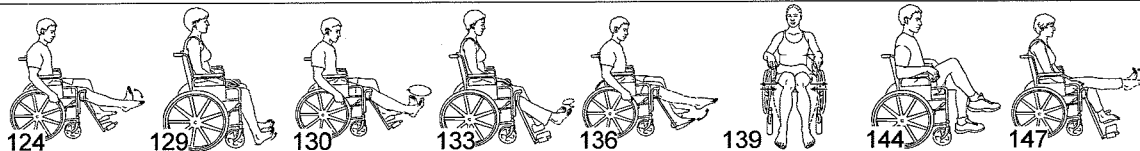


**Leg:
General Conditioning**

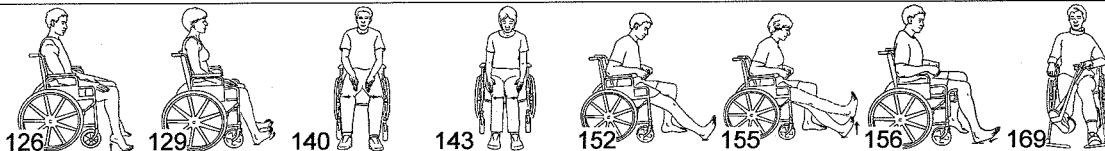


Wheelchair Kit

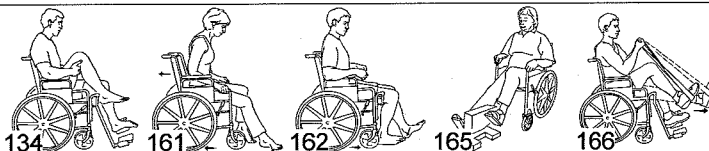
Leg: Flexibility



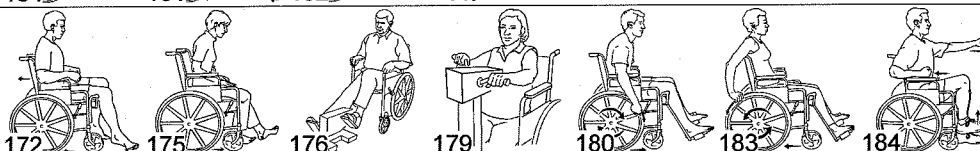
Leg: Strength



Leg: Cardiovascular



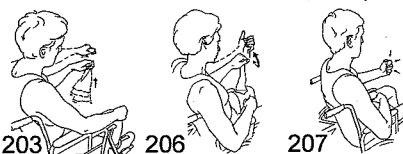
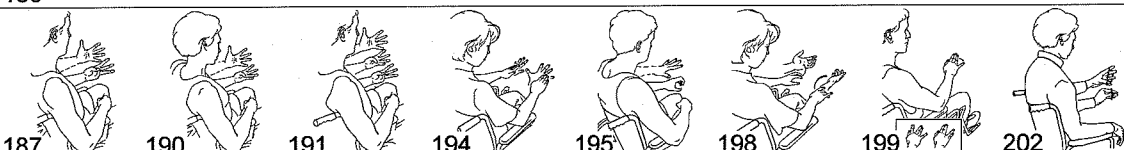
Cardiovascular



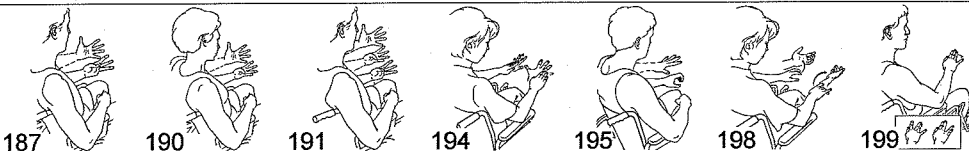
Hand: Hand Tips

No Picture
186

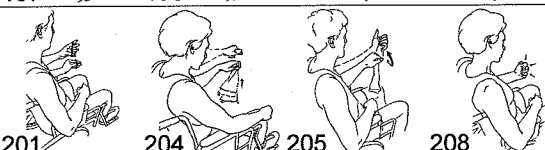
Hand: General Conditioning



Hand: Flexibility



Hand: Strength

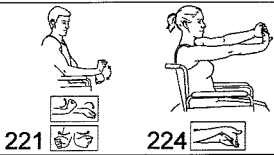


Arm: General Conditioning



Wheelchair Kit

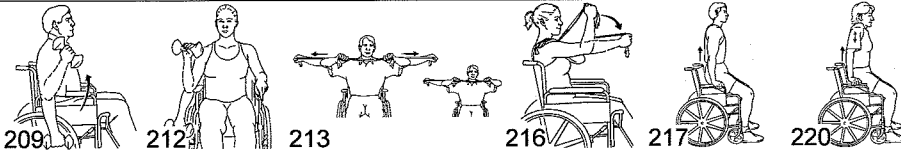
Arm:
Flexibility



221

224

Arm:
Strength



209

212

213

216

217

220