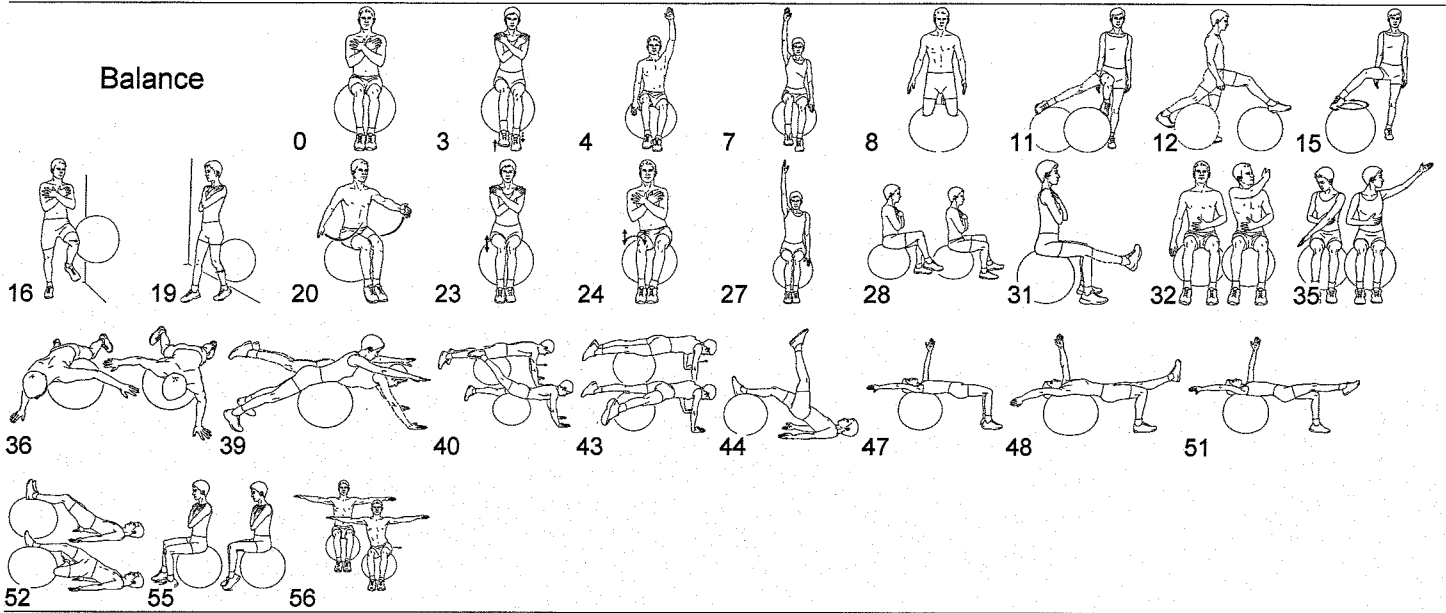
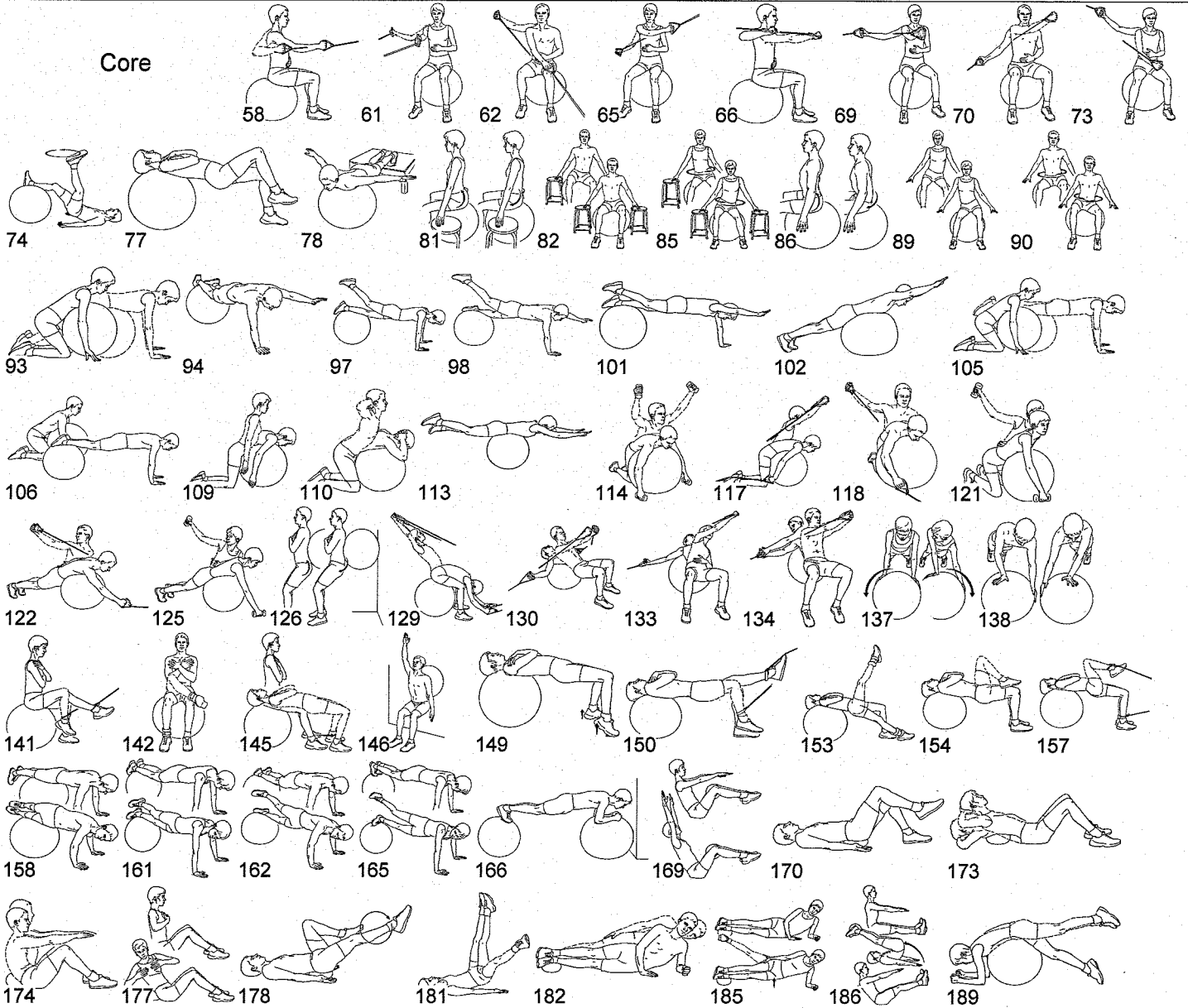


# Stability Ball Kit

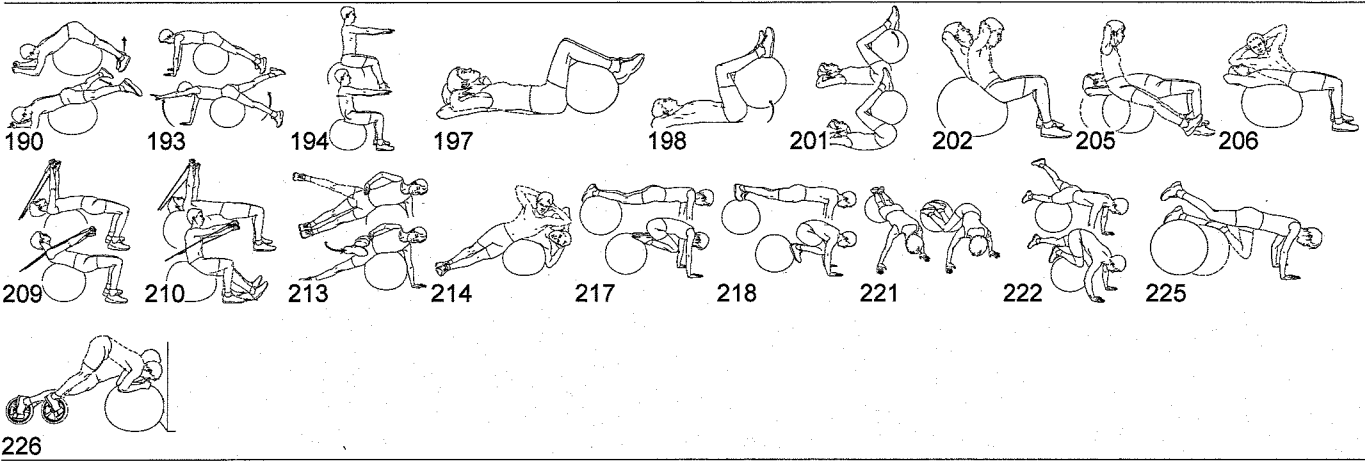
## Balance



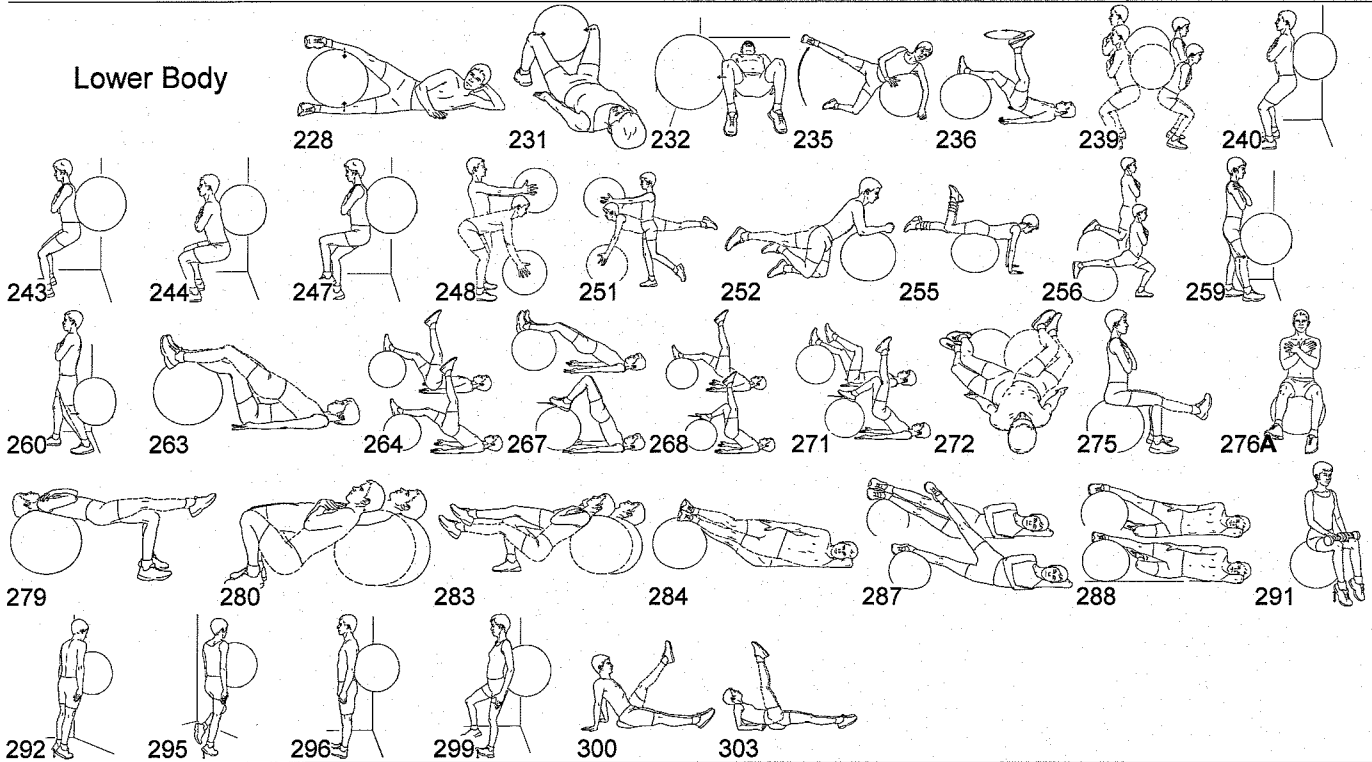
## Core



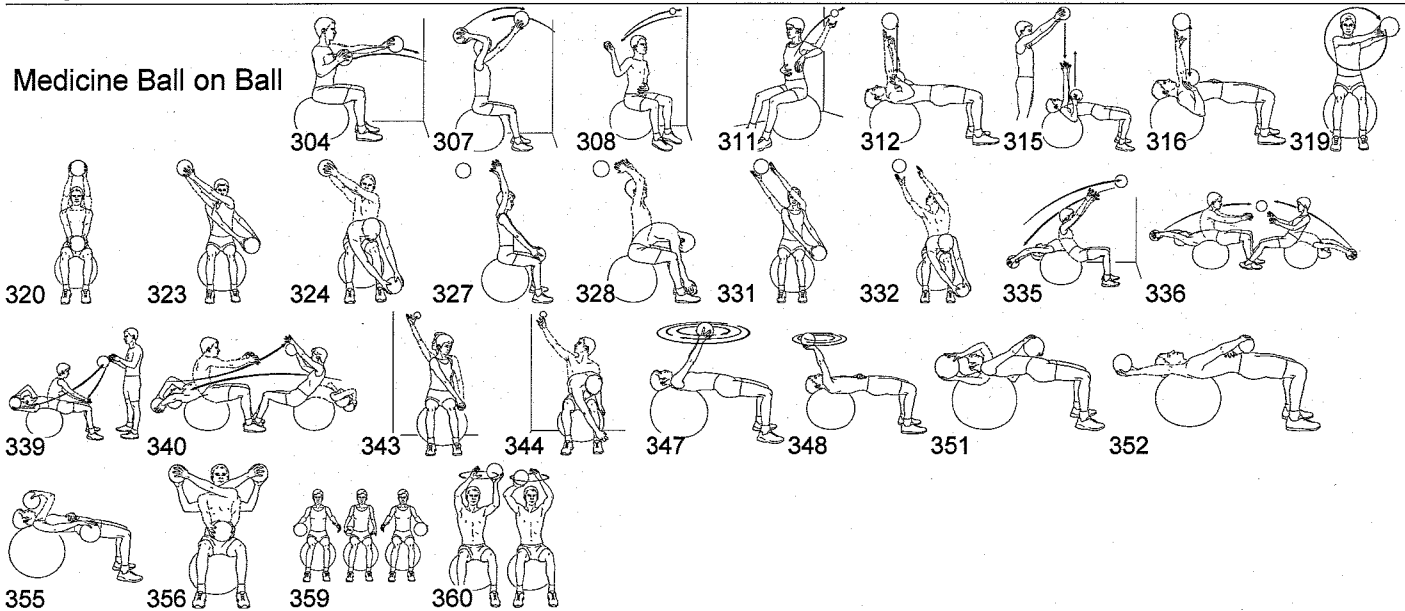
# Stability Ball Kit



## Lower Body



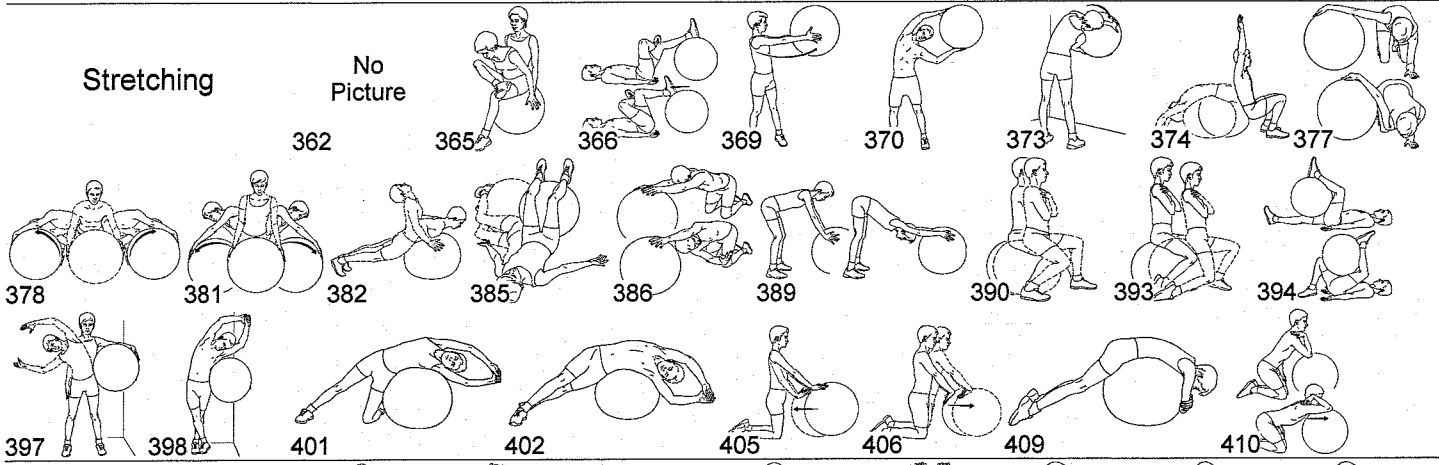
## Medicine Ball on Ball



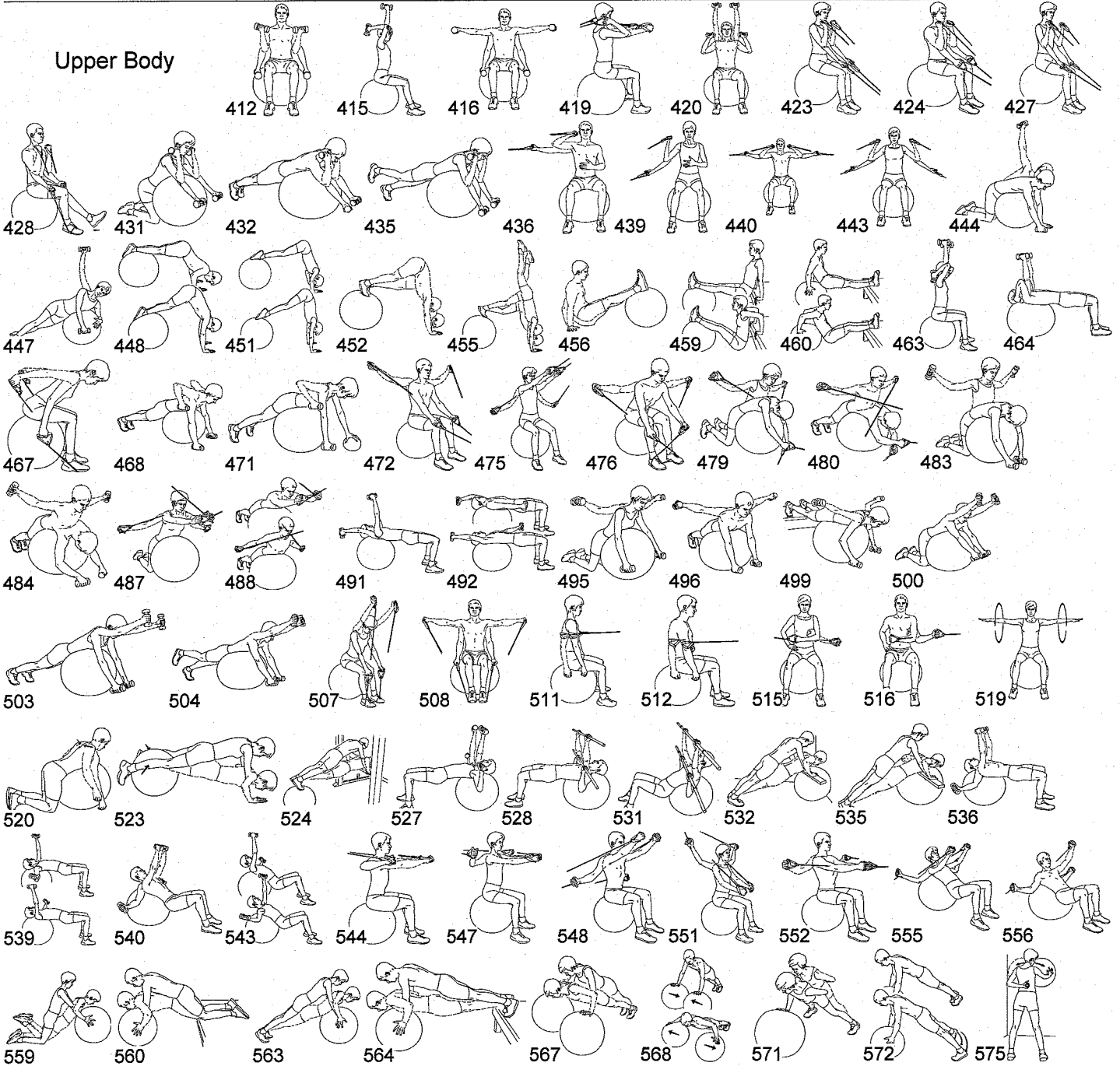
# Stability Ball Kit

## Stretching

No  
Picture



## Upper Body



# Stability Ball Kit

