

Pilates Mat Kit

General Guidelines

No
Picture

No
Picture

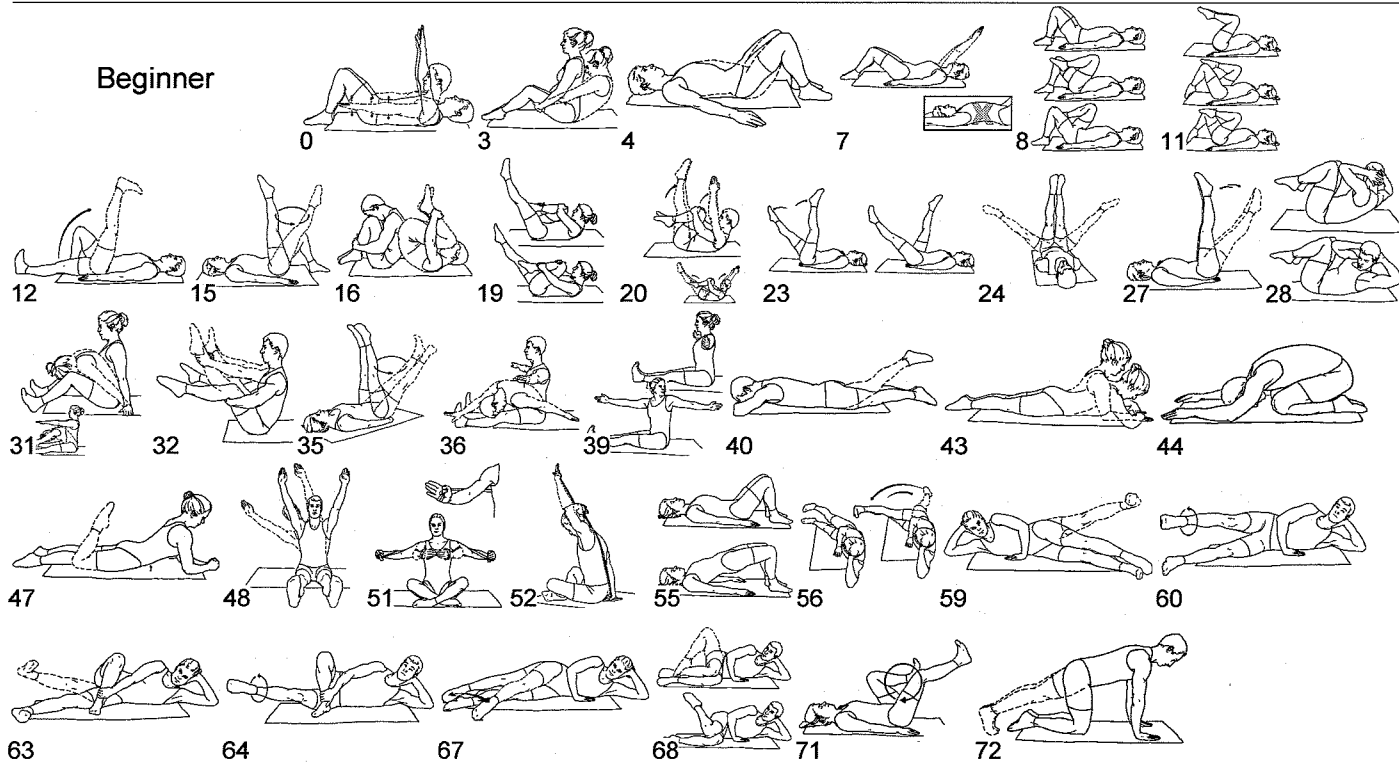
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Picture

274

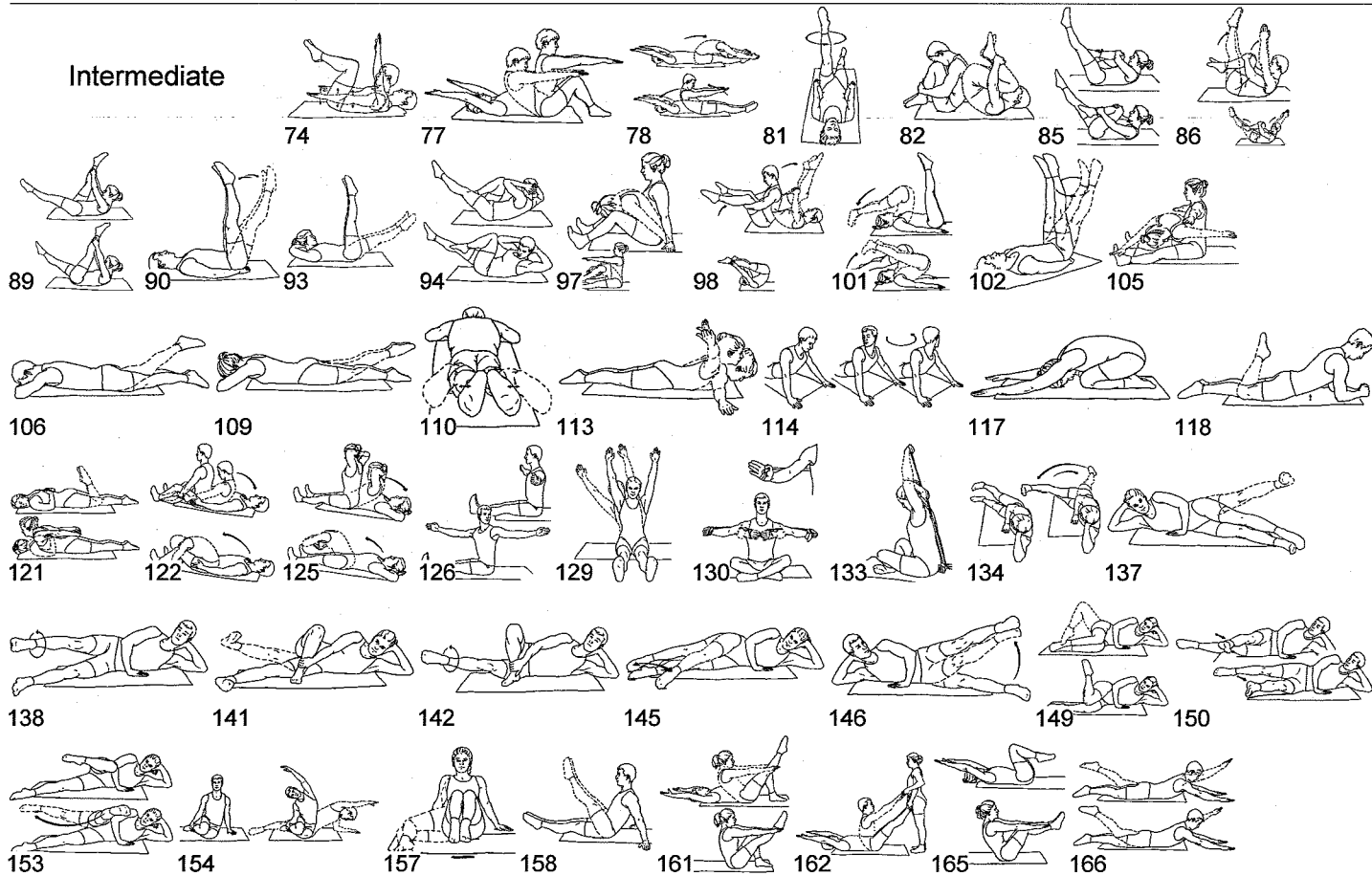
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276

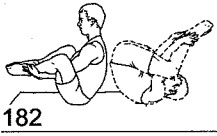
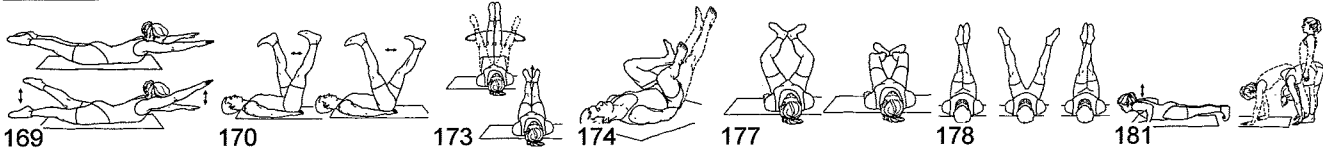
Beginner



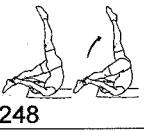
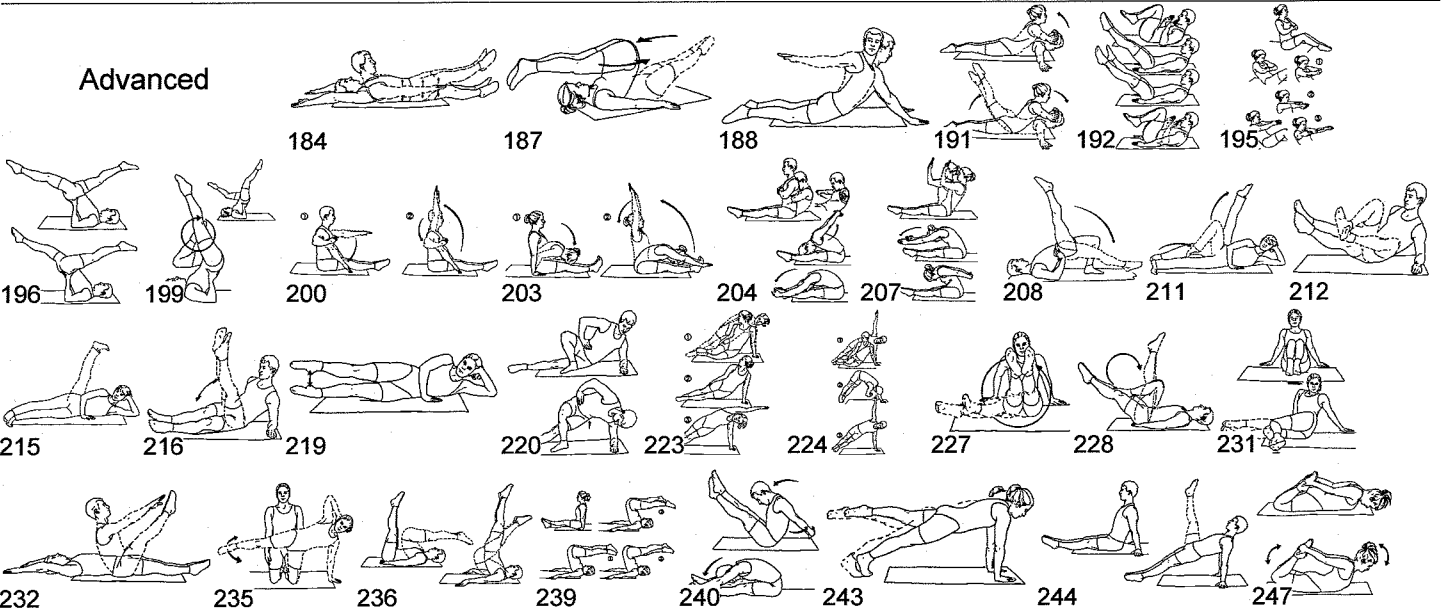
Intermediate



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Advanced



Standing

