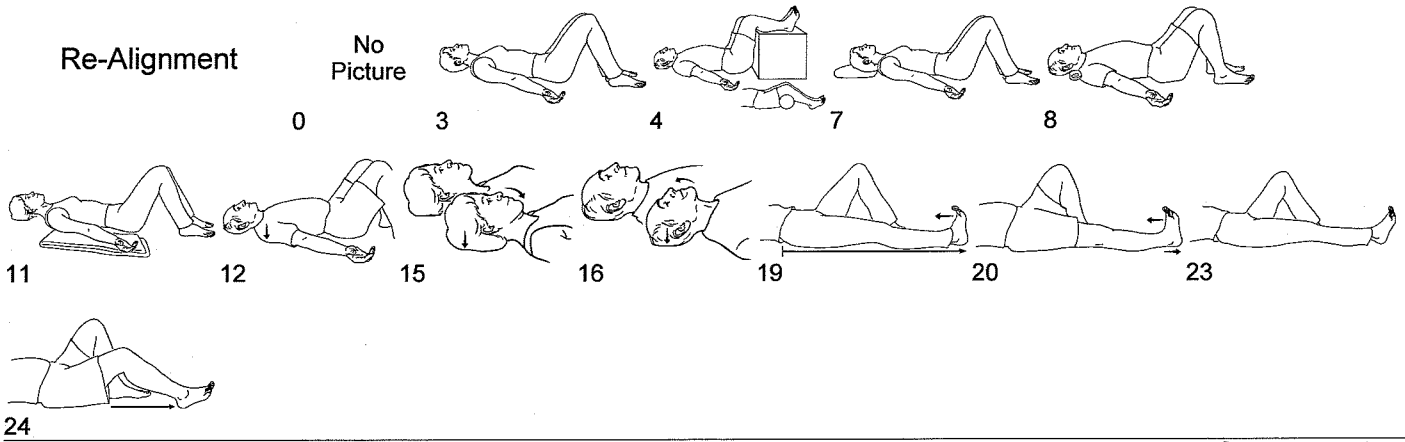
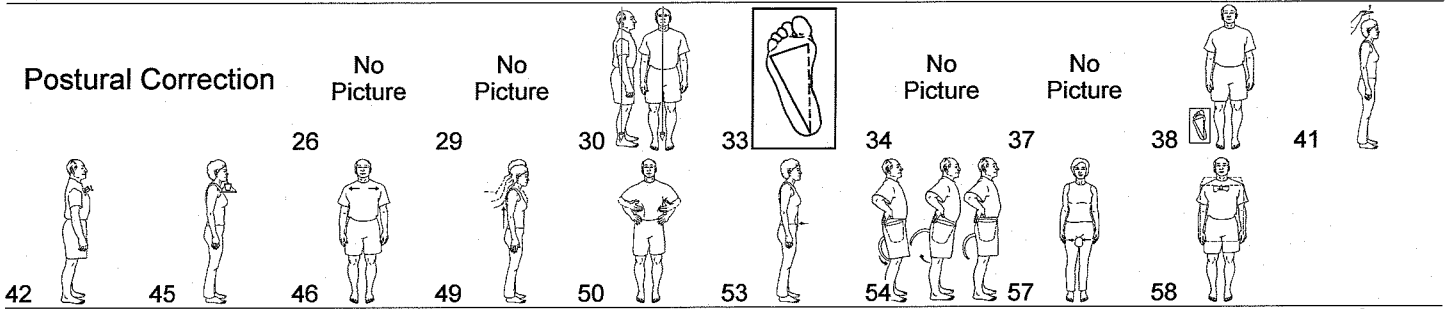


Osteoporosis Management Kit

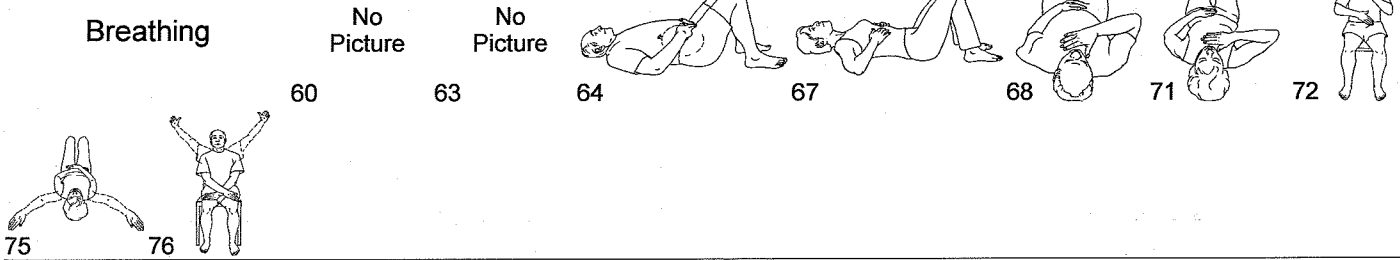
Re-Alignment



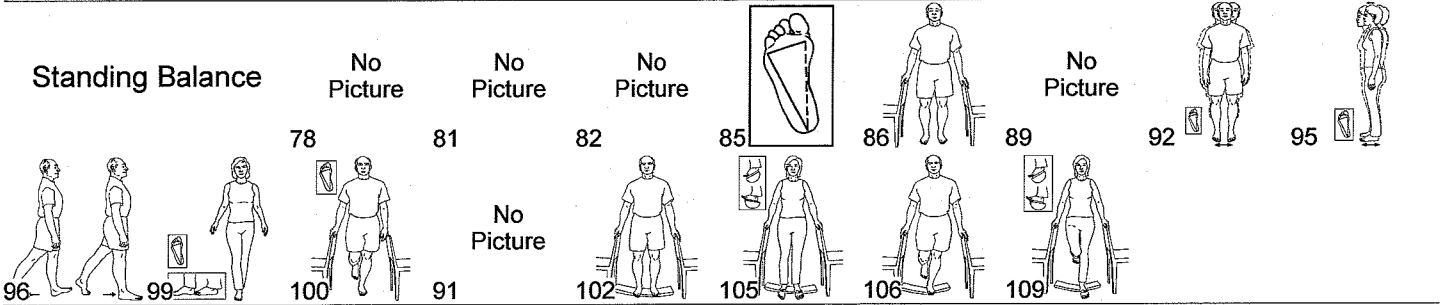
Postural Correction



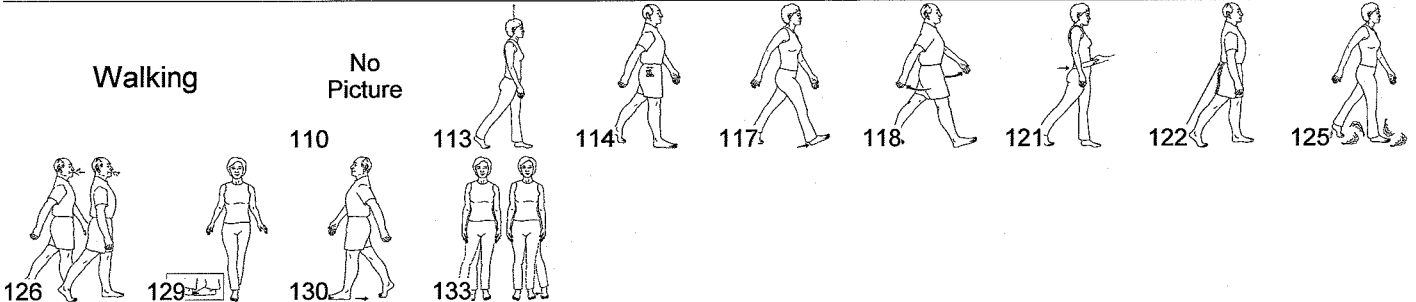
Breathing



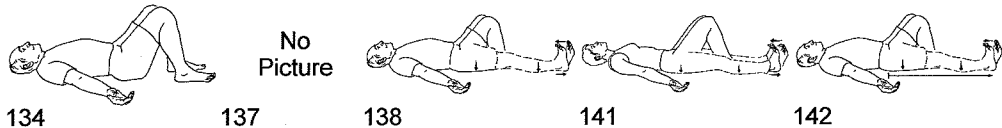
Standing Balance



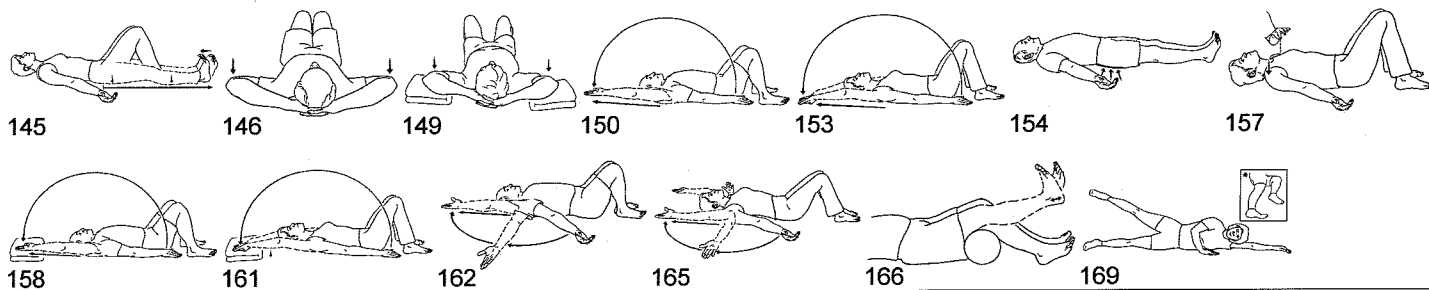
Walking



Supine

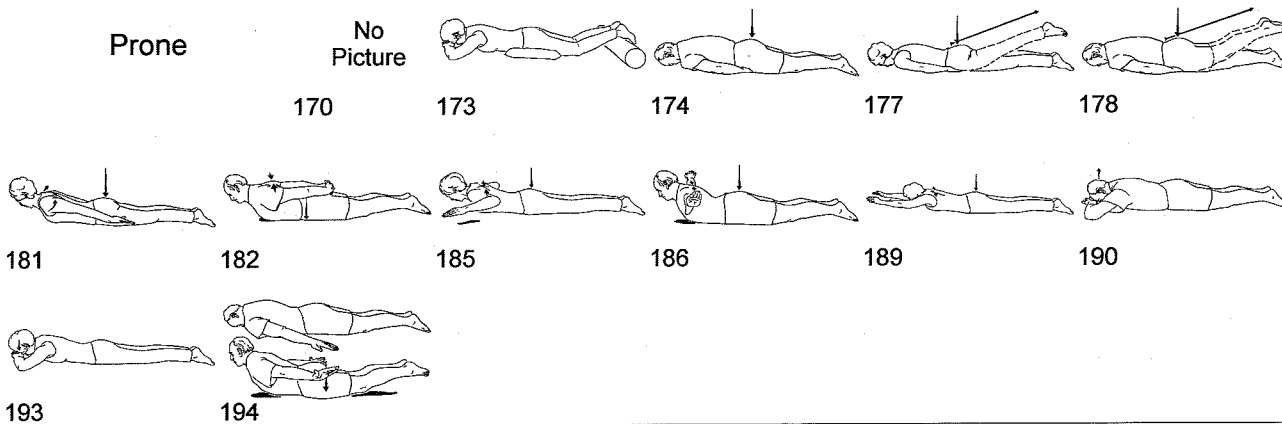


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Prone

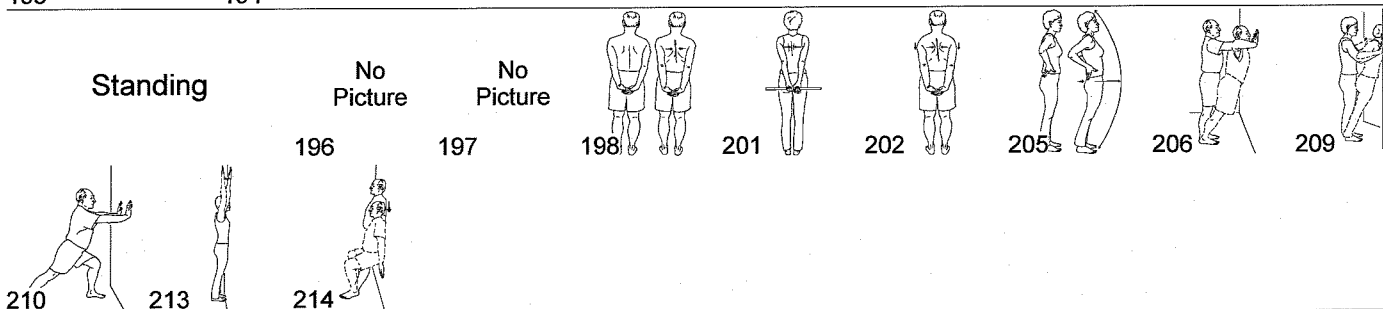
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Standing

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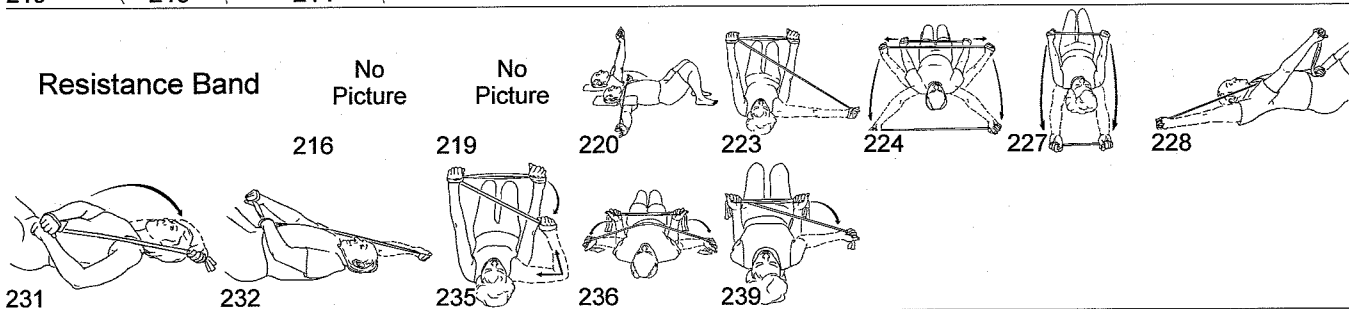
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Resistance Band

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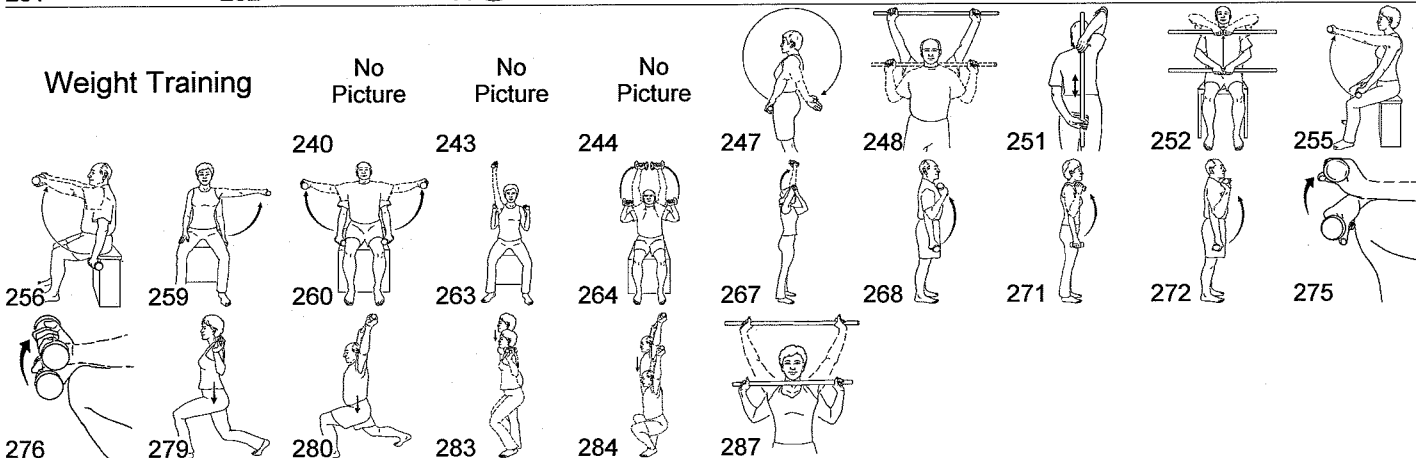


Weight Training

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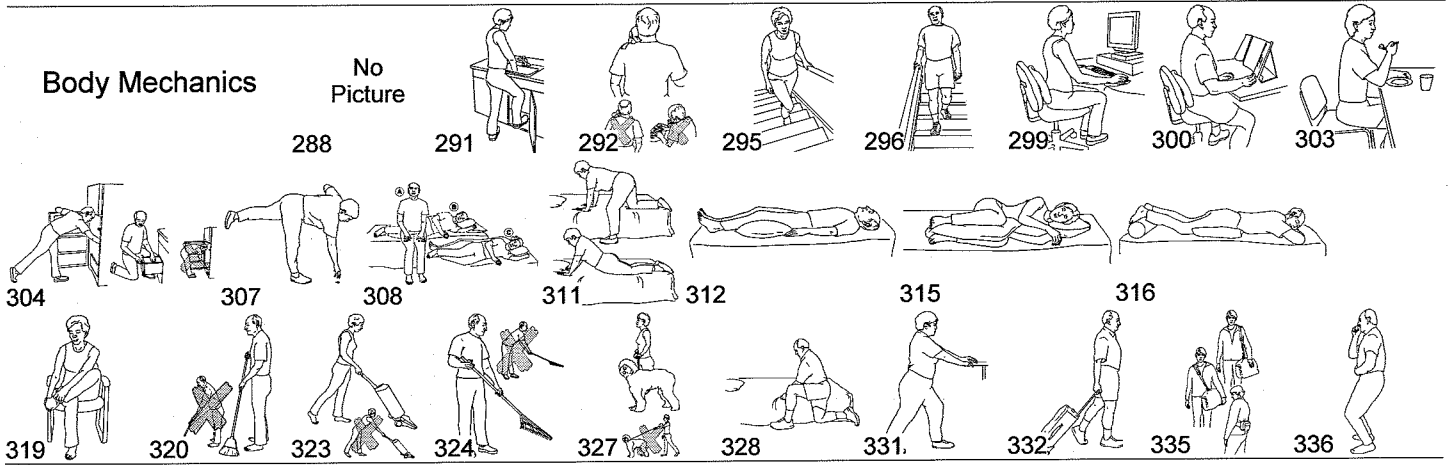
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Body Mechanics



Leg Stretch With Strap

