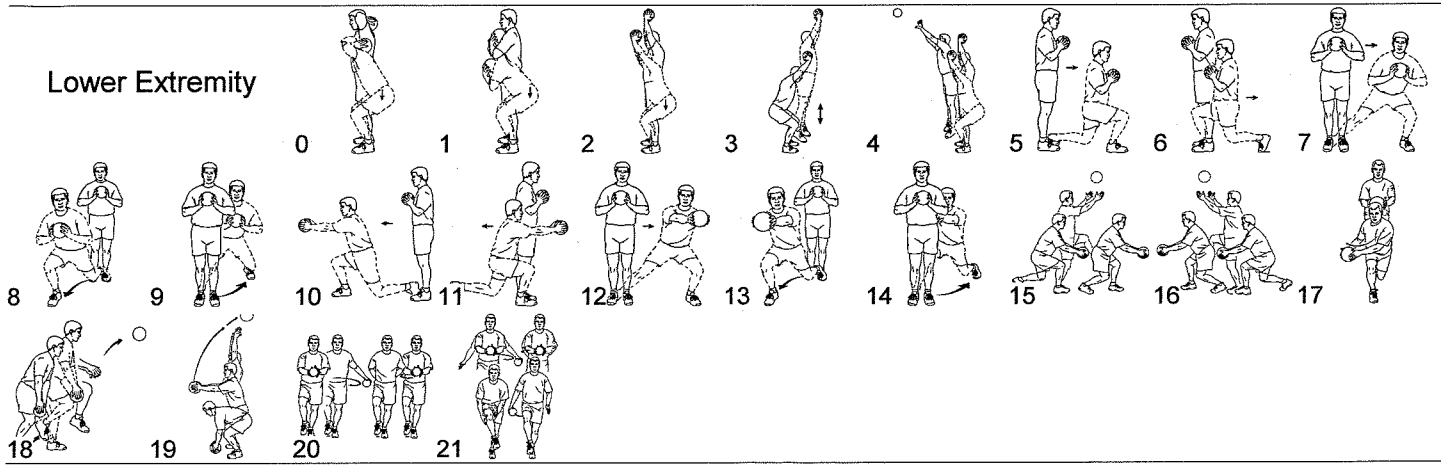
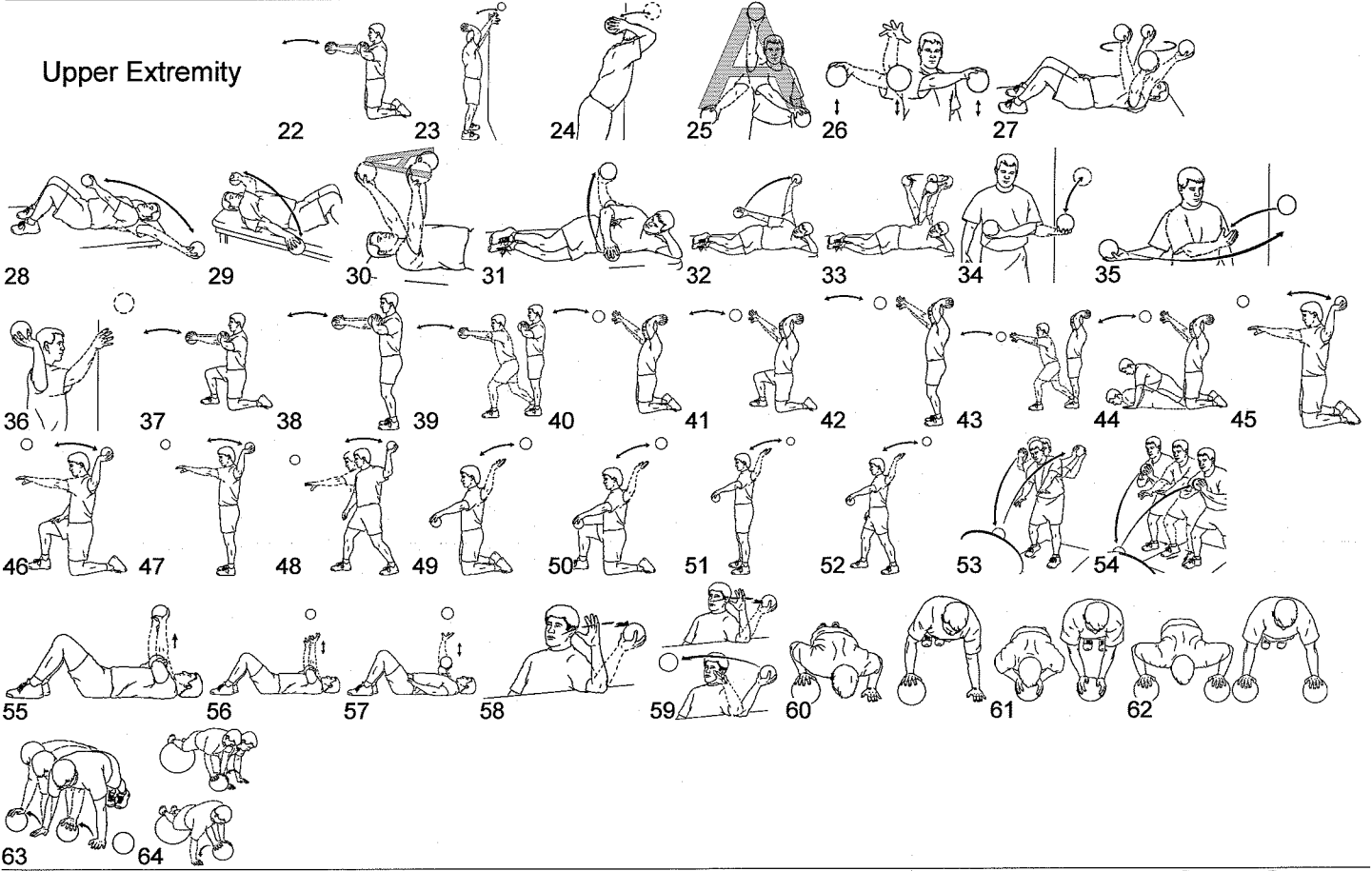


Medicine Ball Kit

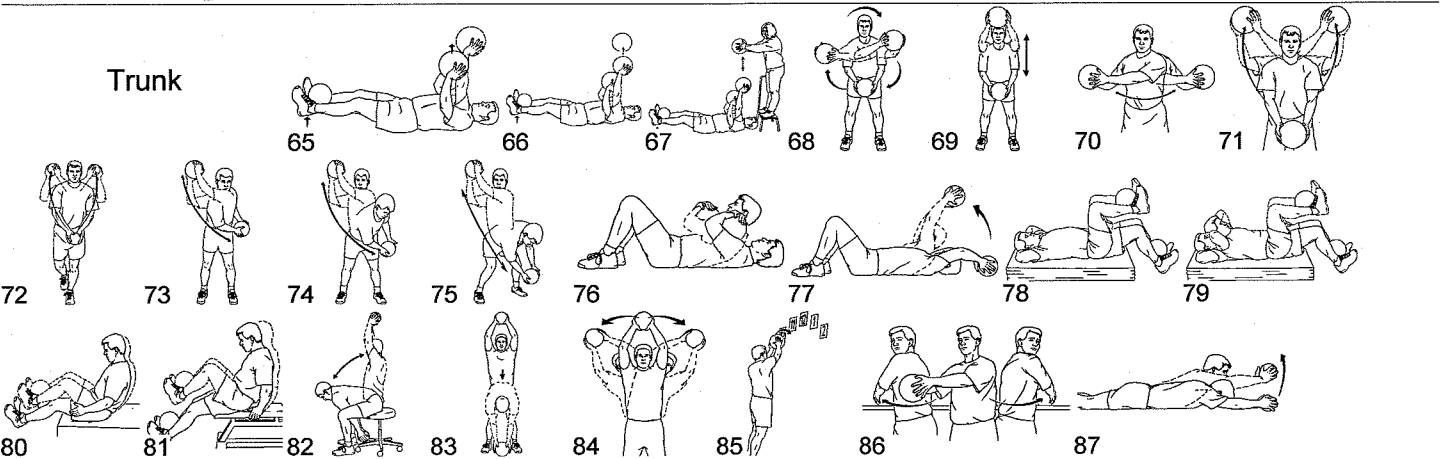
Lower Extremity



Upper Extremity



Trunk



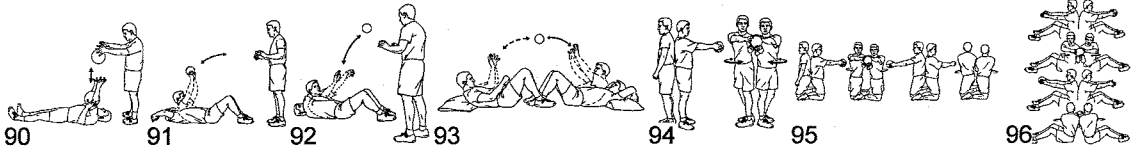
Medicine Ball Kit



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Partner Drill



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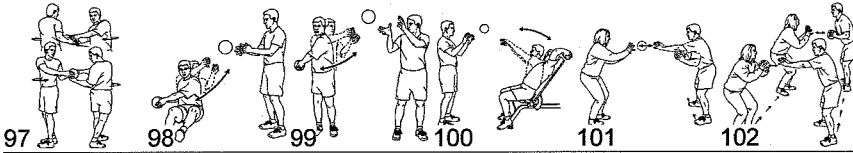
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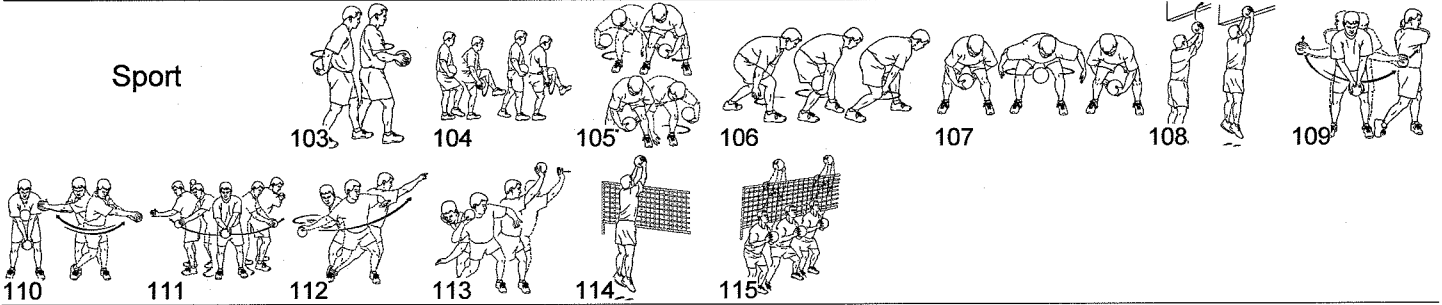
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Sport



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General Tips

No
Picture

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