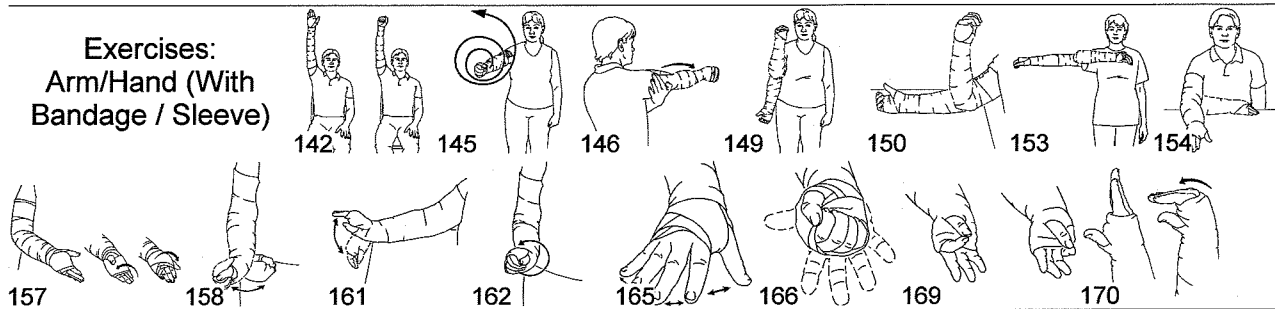
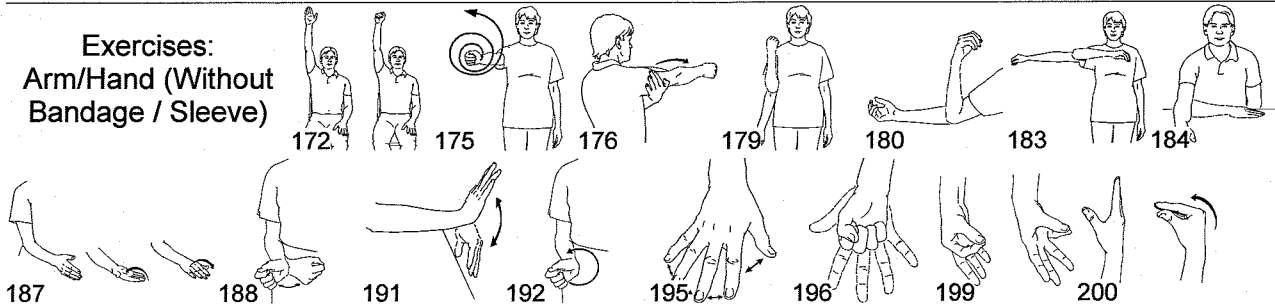


Lymphedema / MEM Kit

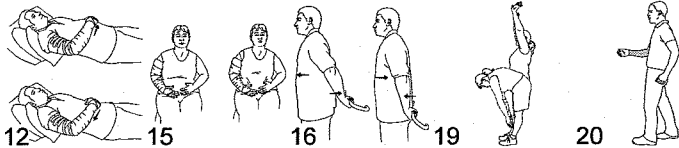
Exercises: Arm/Hand (With Bandage / Sleeve)



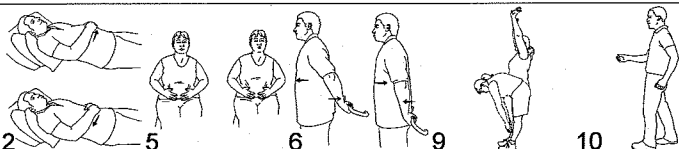
Exercises: Arm/Hand (Without Bandage / Sleeve)



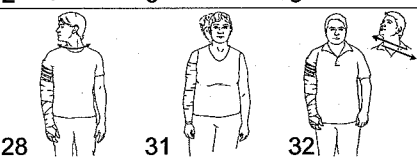
Exercises: Breathing (With Bandage / Sleeve)



Exercises: Breathing (Without Bandage / Sleeve)



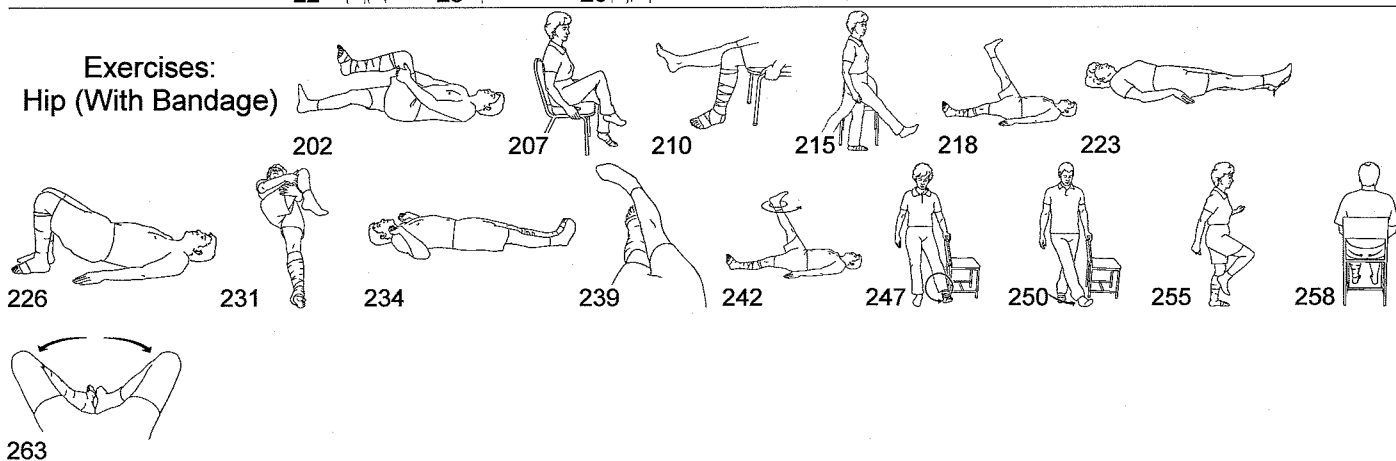
Exercises: Head/Neck (With Bandage / Sleeve)



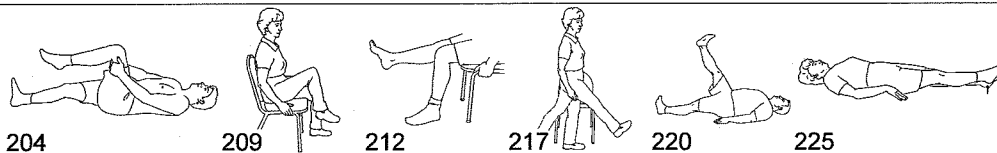
Exercises: Head/Neck (Without Bandage / Sleeve)



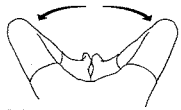
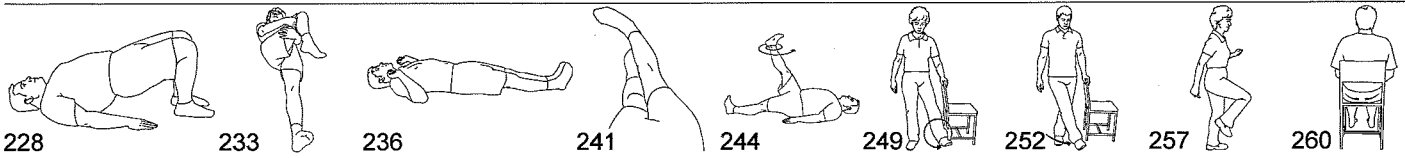
Exercises: Hip (With Bandage)



Exercises: Hip (Without Bandage)

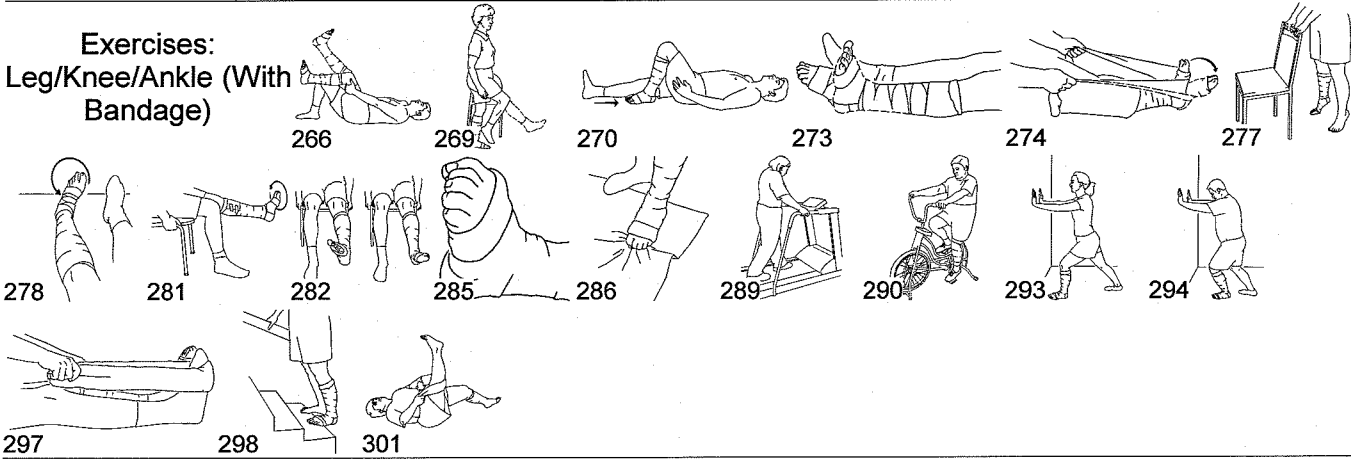


Lymphedema / MEM Kit

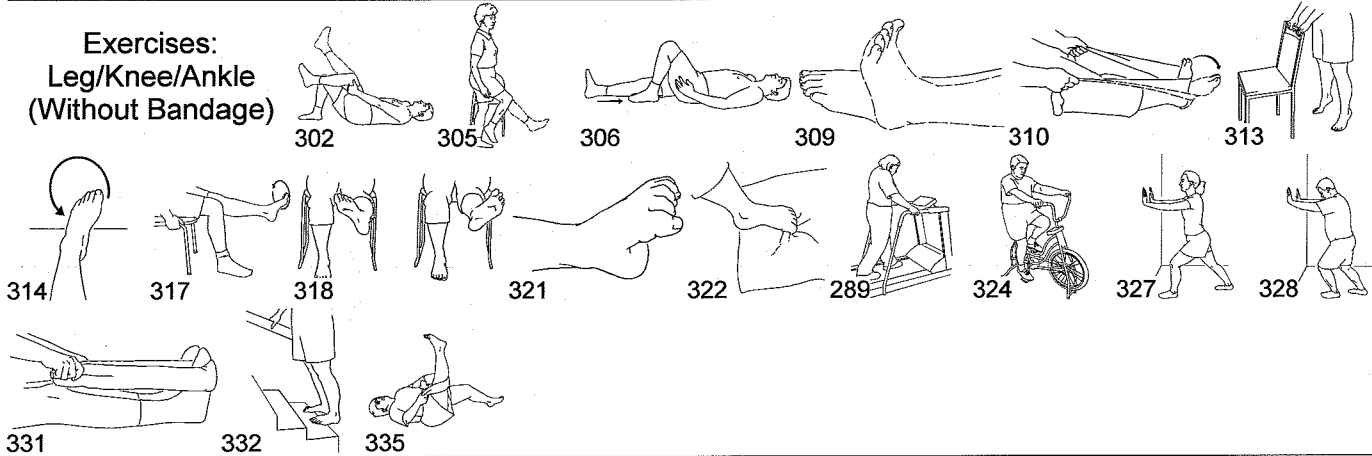


265

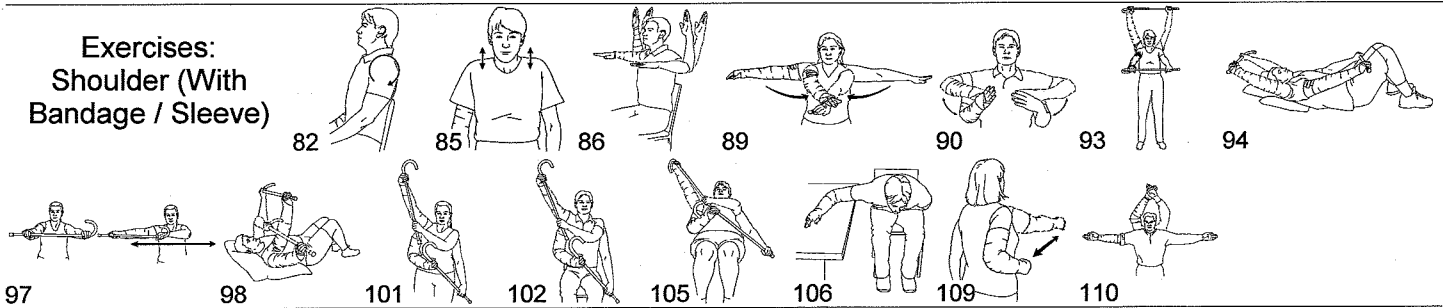
Exercises: Leg/Knee/Ankle (With Bandage)



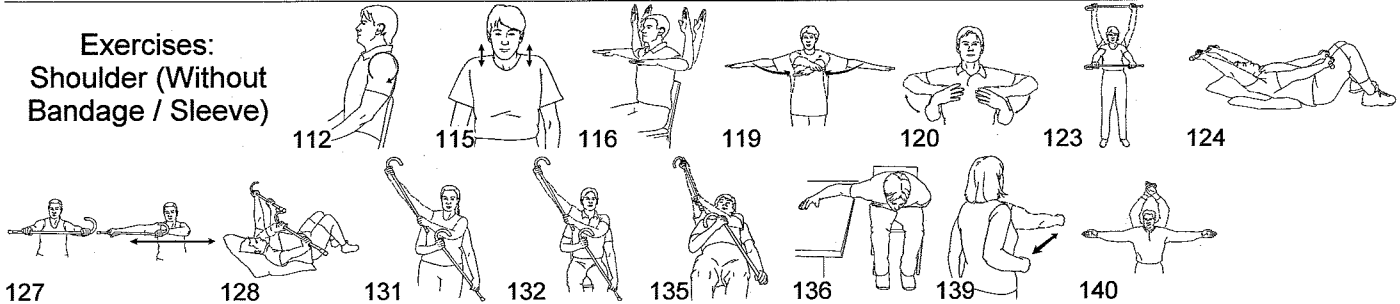
Exercises: Leg/Knee/Ankle (Without Bandage)



Exercises: Shoulder (With Bandage / Sleeve)



Exercises: Shoulder (Without Bandage / Sleeve)

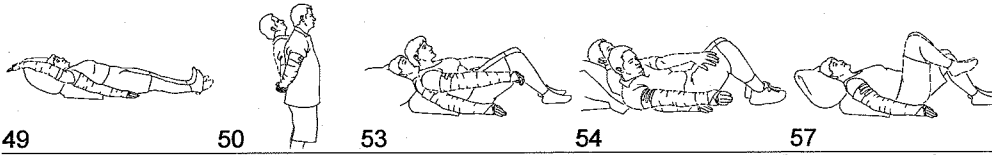


Lymphedema / MEM Kit

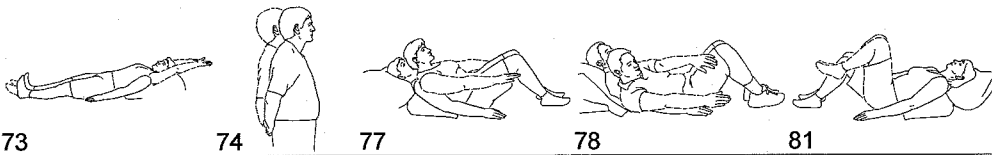
**Exercises:
Tips**

0 1

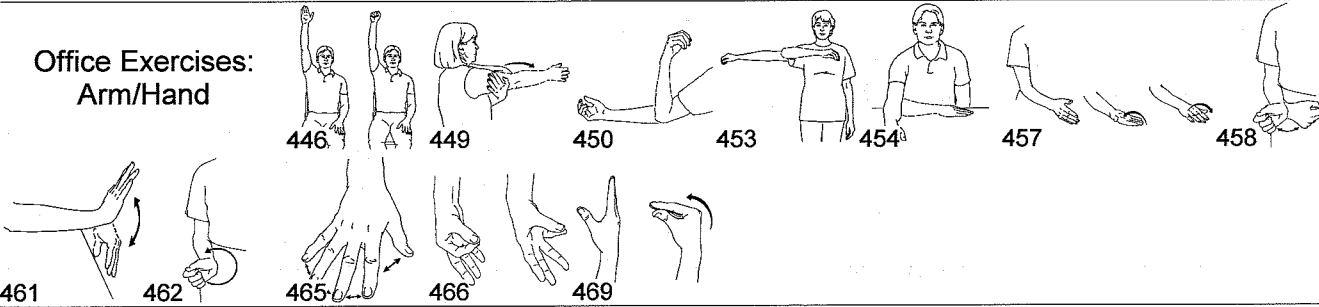
**Exercises:
Trunk (With Bandage
/ Sleeve)**



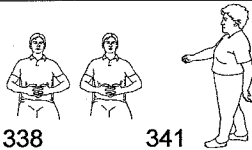
**Exercises:
Trunk (Without
Bandage / Sleeve)**



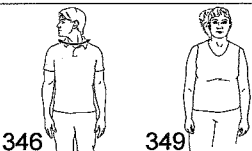
**Office Exercises:
Arm/Hand**



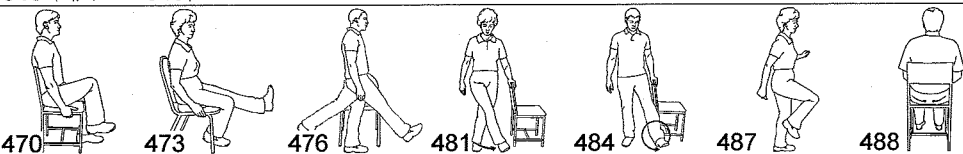
**Office Exercises:
Breathing**



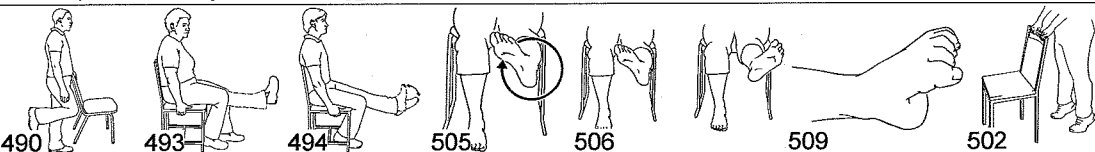
**Office Exercises:
Head/Neck**



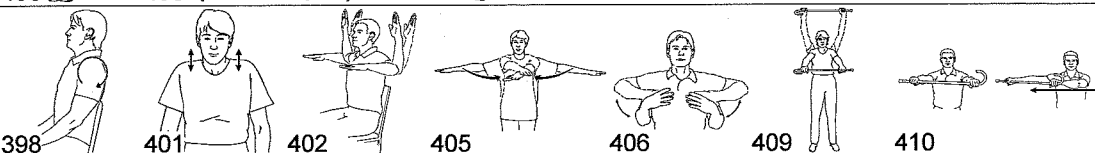
**Office Exercises:
Hip**



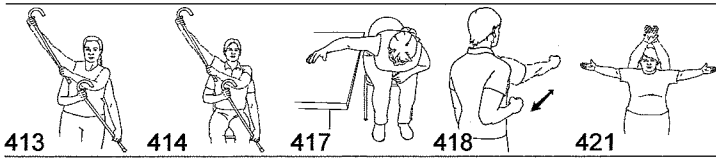
**Office Exercises:
Leg/Knee/Ankle**



**Office Exercises:
Shoulder**



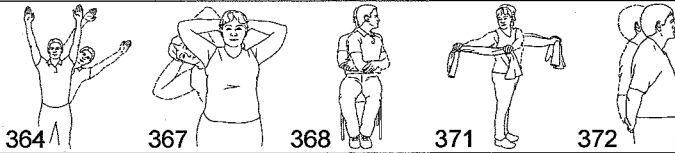
Lymphedema / MEM Kit



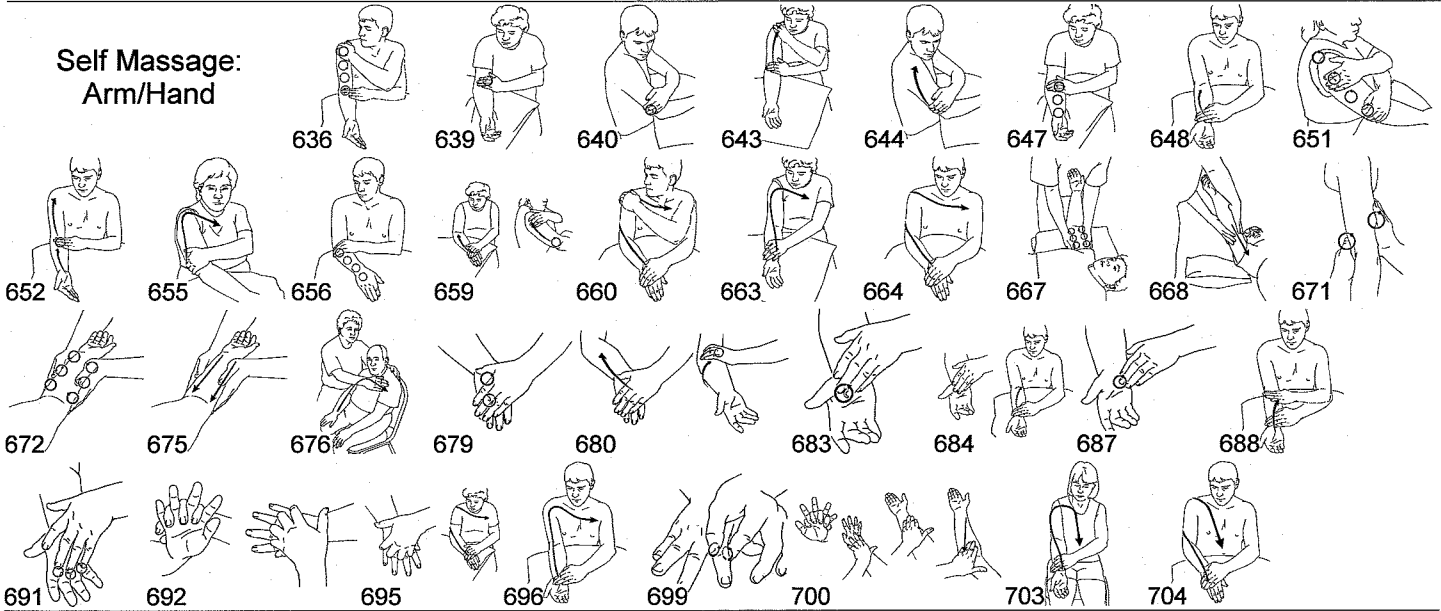
Office Exercises: Tips

No Picture No Picture
336 337

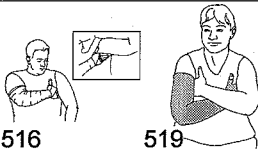
Office Exercises: Trunk



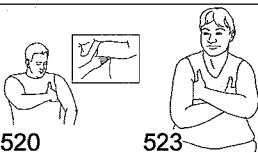
Self Massage: Arm/Hand



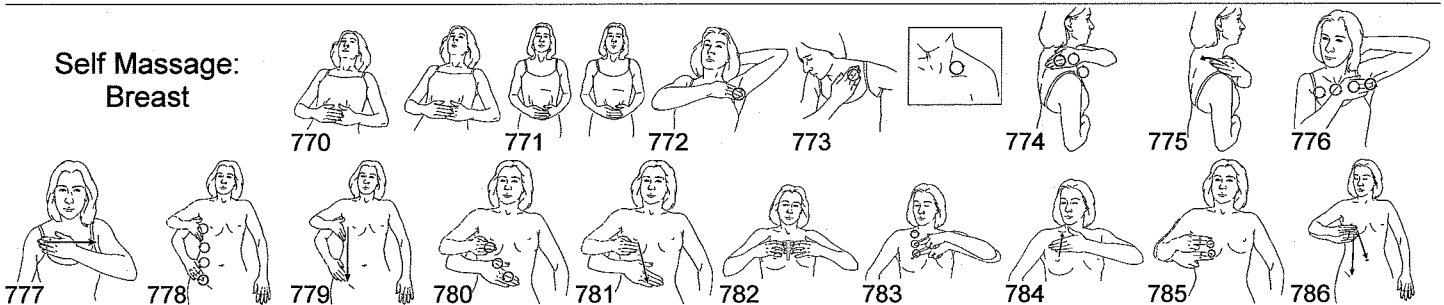
Self Massage: Axillary (With Bandage / Sleeve)



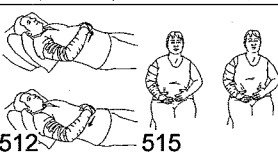
Self Massage: Axillary (Without Bandage / Sleeve)



Self Massage: Breast

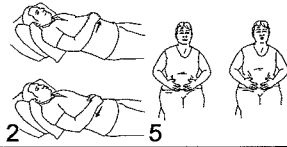


Self Massage: Breathing (With Bandage / Sleeve)

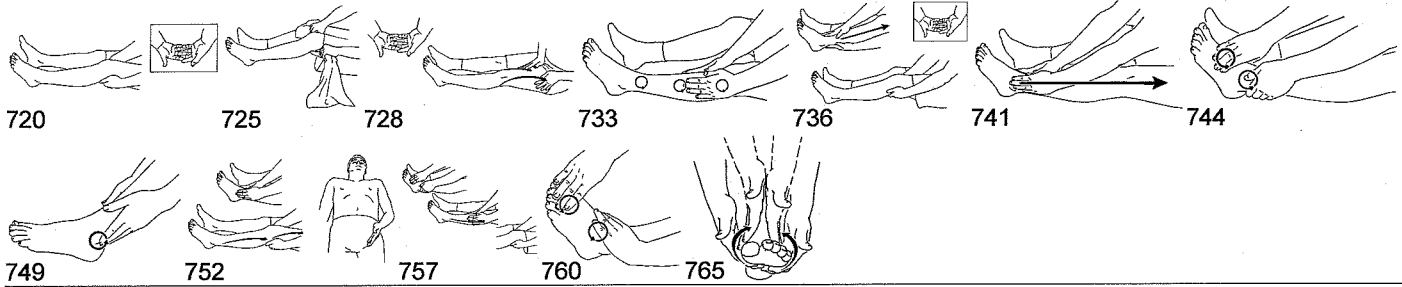


Lymphedema / MEM Kit

Self Massage: Breathing (Without Bandage / Sleeve)



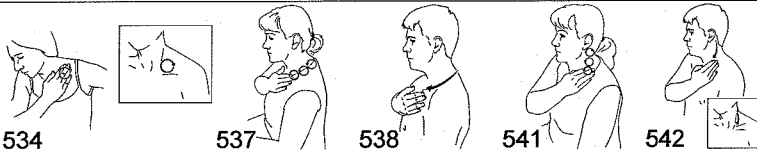
Self Massage: Leg/Ankle/Foot



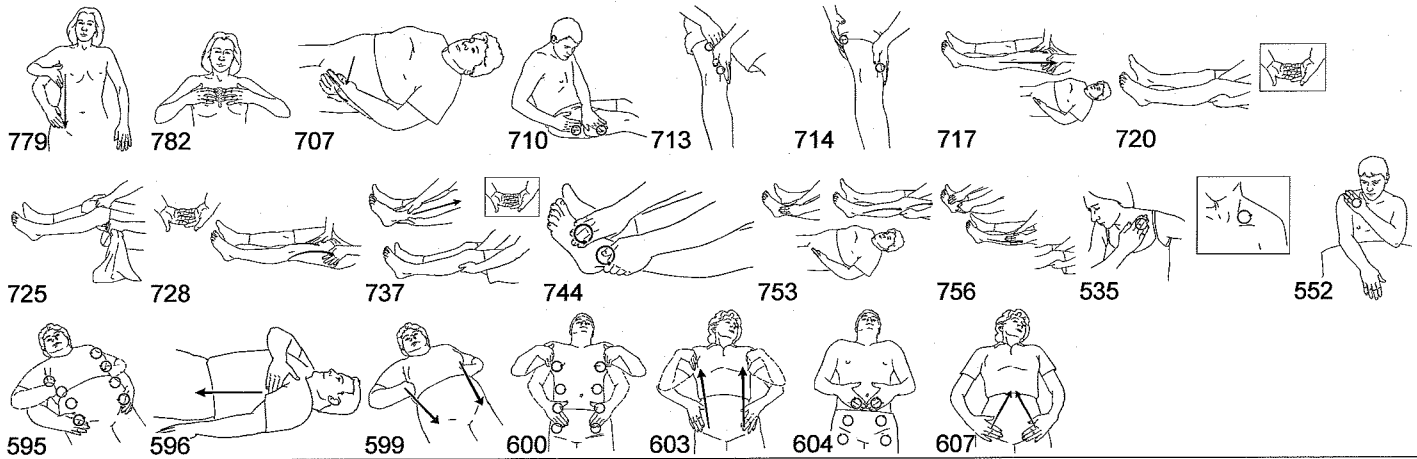
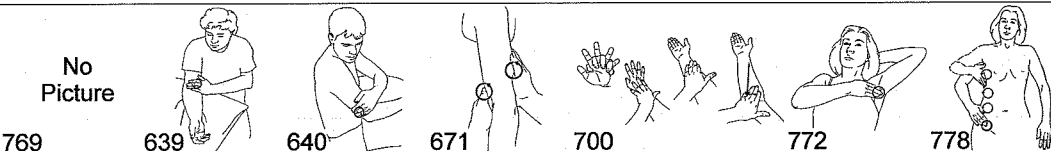
Self Massage: Neck (With Bandage / Sleeve)



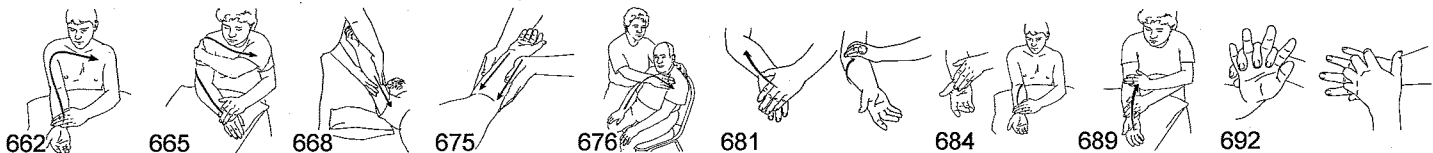
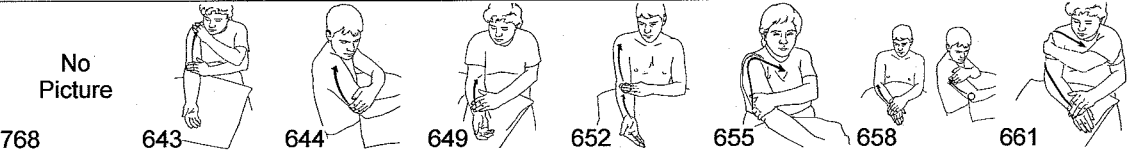
Self Massage: Neck (Without Bandage / Sleeve)



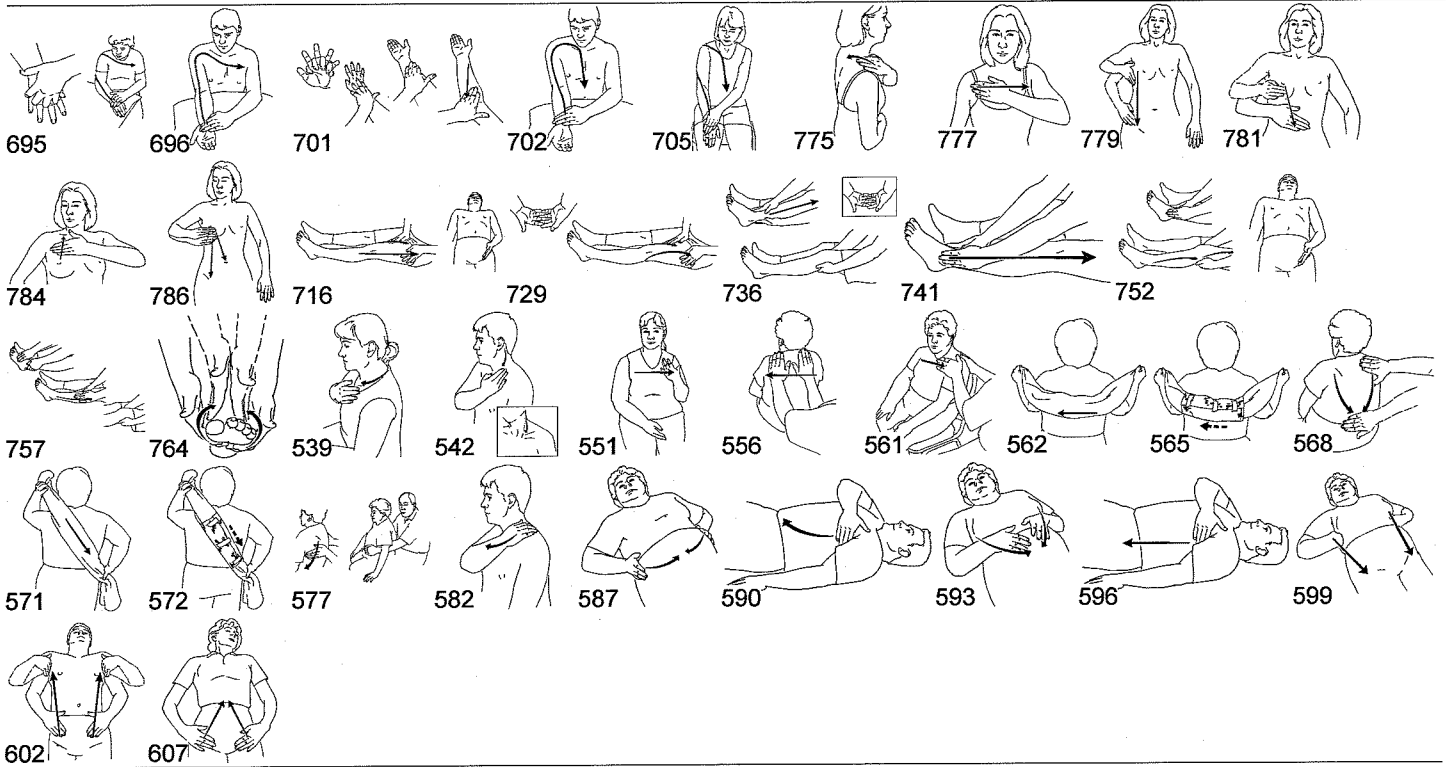
Self Massage: Nodes/Lymph Bundle Stim



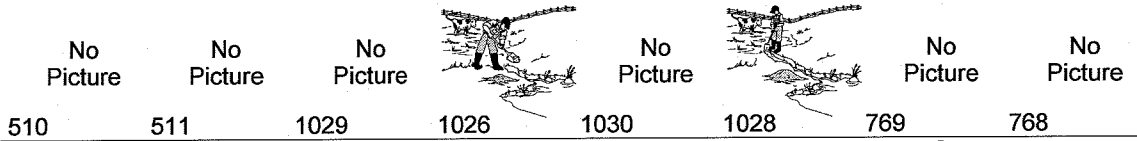
Self Massage: Sweeps



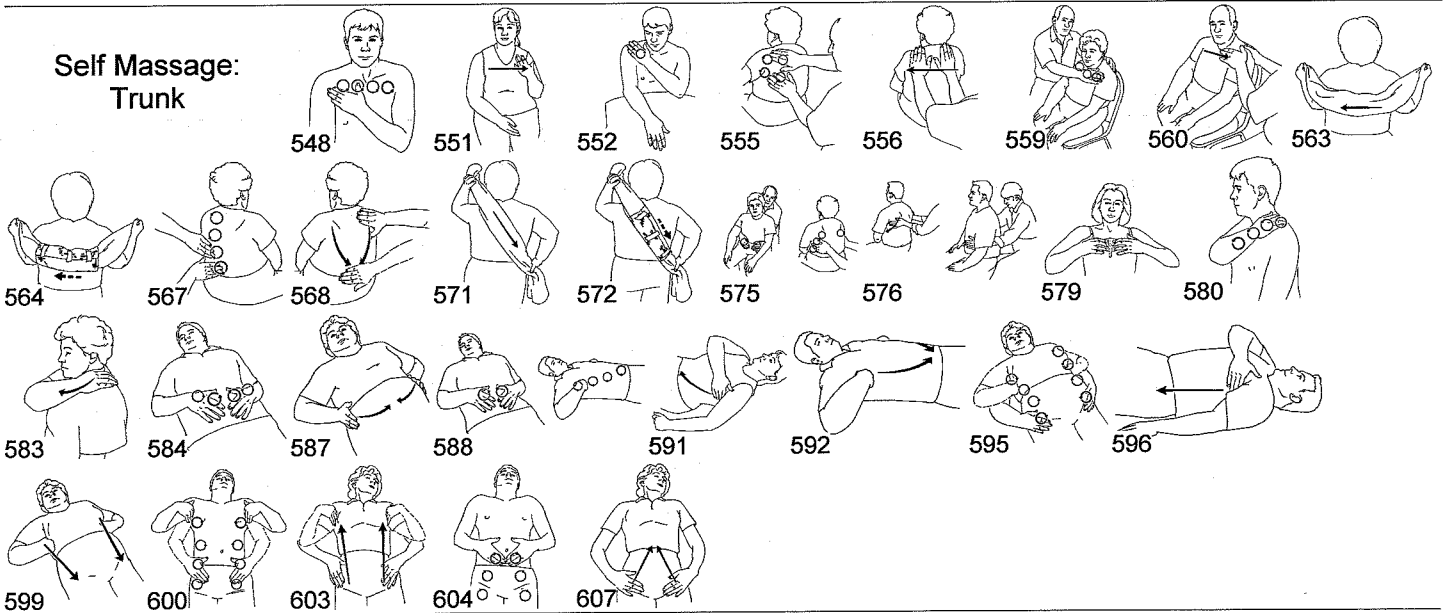
Lymphedema / MEM Kit



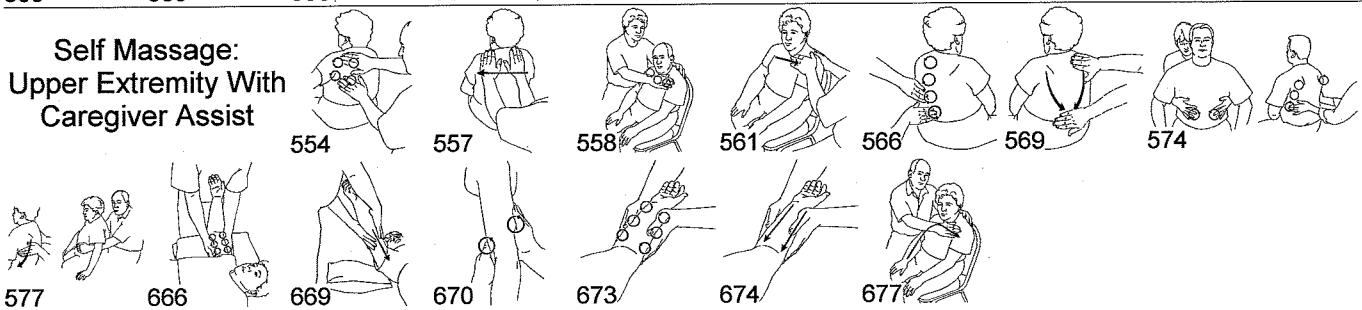
Self Massage: Tips and Analogy



Self Massage: Trunk



Self Massage: Upper Extremity With Caregiver Assist

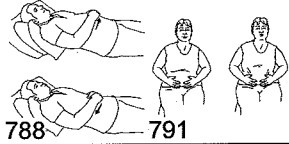


Lymphedema / MEM Kit

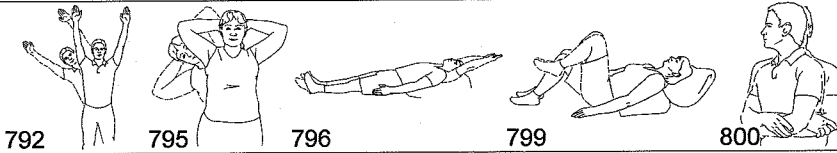
(MEM) L.E.
Exercises:
Tips

No
Picture
787

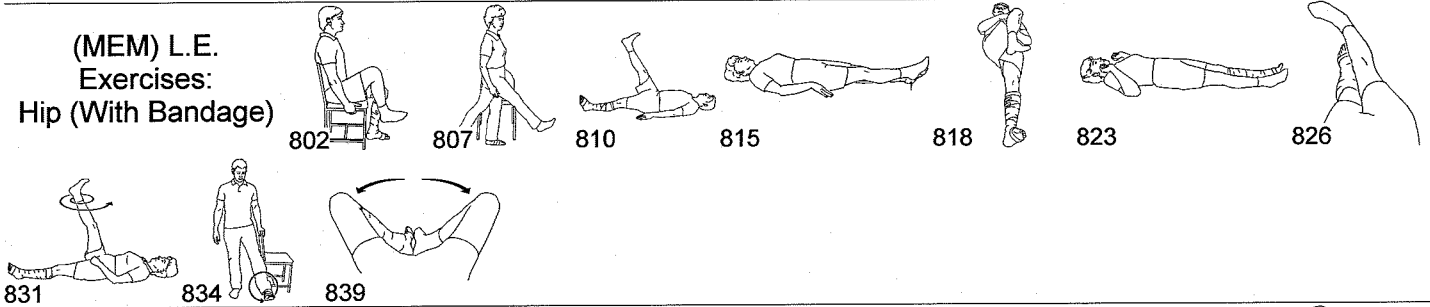
(MEM) L.E.
Exercises:
Breathing



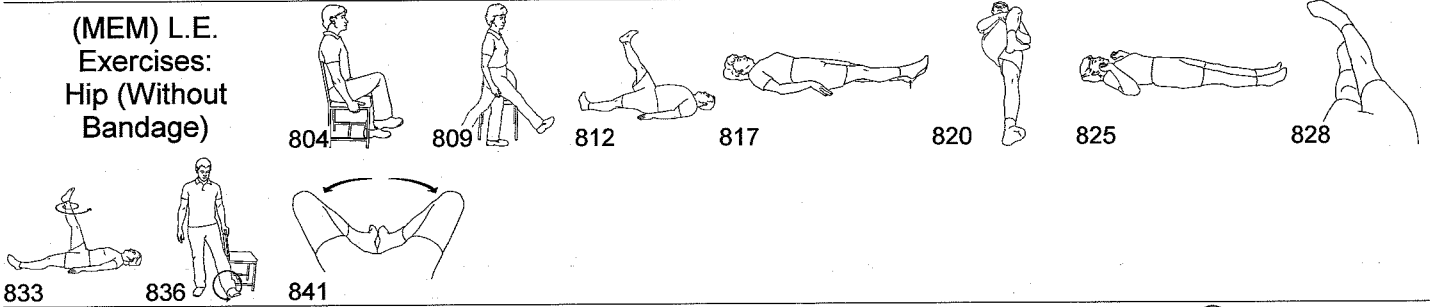
(MEM) L.E.
Exercises:
Trunk



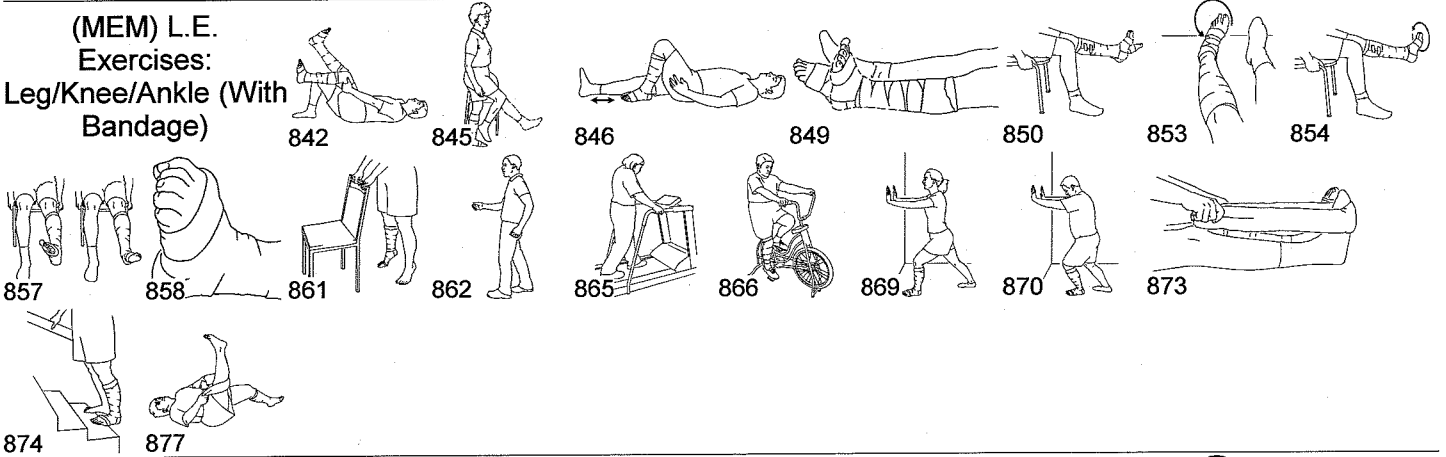
(MEM) L.E.
Exercises:
Hip (With Bandage)



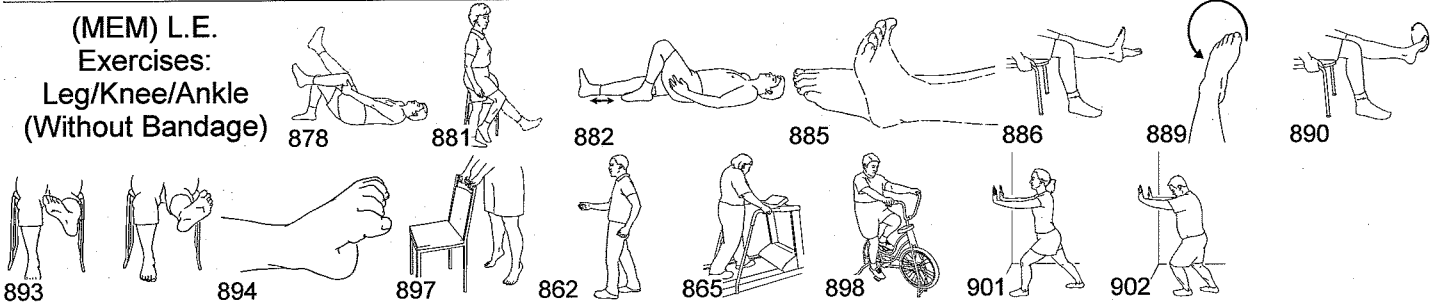
(MEM) L.E.
Exercises:
Hip (Without Bandage)



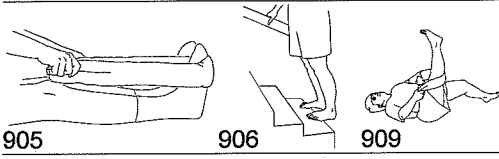
(MEM) L.E.
Exercises:
Leg/Knee/Ankle (With Bandage)



(MEM) L.E.
Exercises:
Leg/Knee/Ankle
(Without Bandage)



Lymphedema / MEM Kit

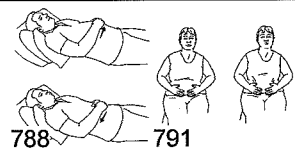


905 906 909

**(MEM) U. E.
Exercises:
Tips**

No Picture No Picture
910 911

**(MEM) U. E.
Exercises:
Breathing**



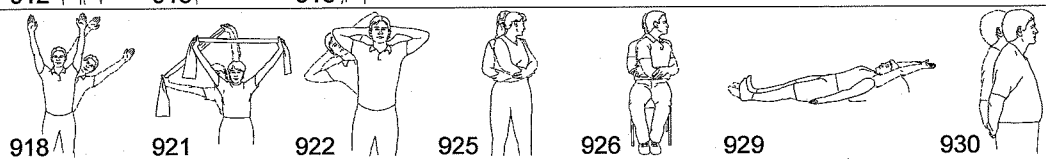
788 791

**(MEM) U. E.
Exercises:
Head/Neck**



912 915 916

**(MEM) U. E.
Exercises:
Trunk**

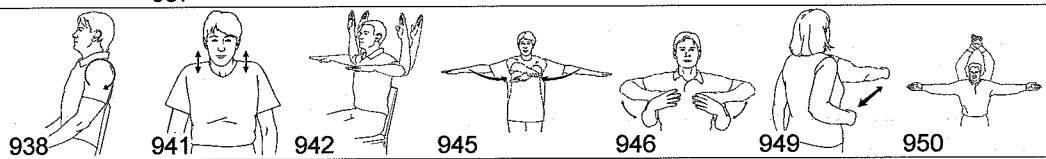


918 921 922 925 926 929 930



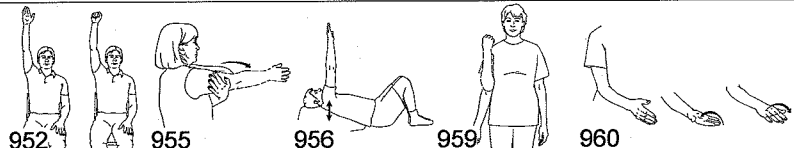
933 934 937

**(MEM) U. E.
Exercises:
Shoulder**



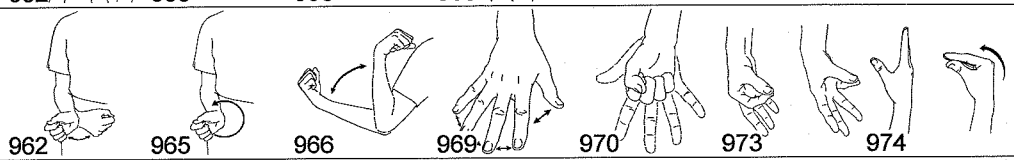
938 941 942 945 946 949 950

**(MEM) U. E.
Exercises:
Arm/Elbow**



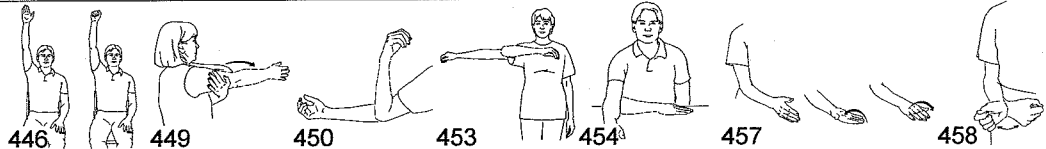
952 955 956 959 960

**(MEM) U. E.
Exercises:
Wrist/Finger**

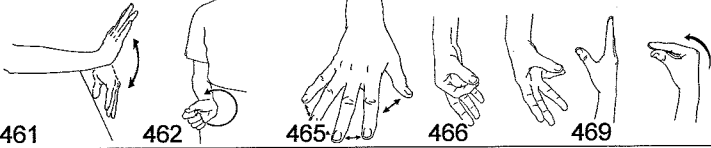


962 965 966 969 970 973 974

**(MEM) Office
Exercises:
Arm/Hand**

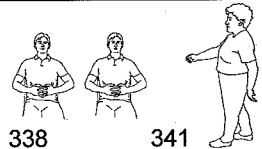


446 449 450 453 454 457 458



461 462 465 466 469

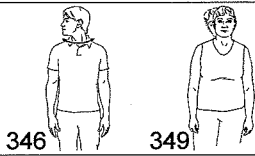
**(MEM) Office
Exercises:
Breathing**



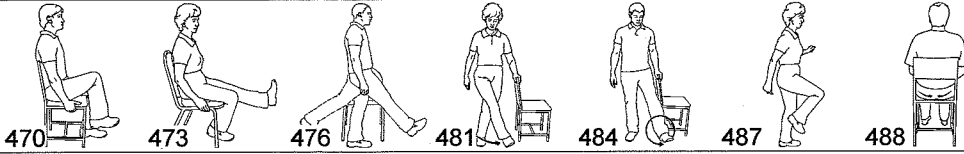
338 341

Lymphedema / MEM Kit

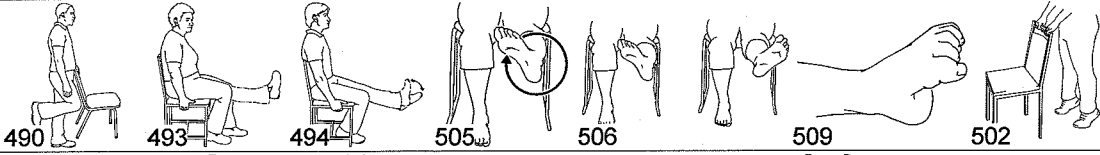
(MEM) Office Exercises:
Head/Neck



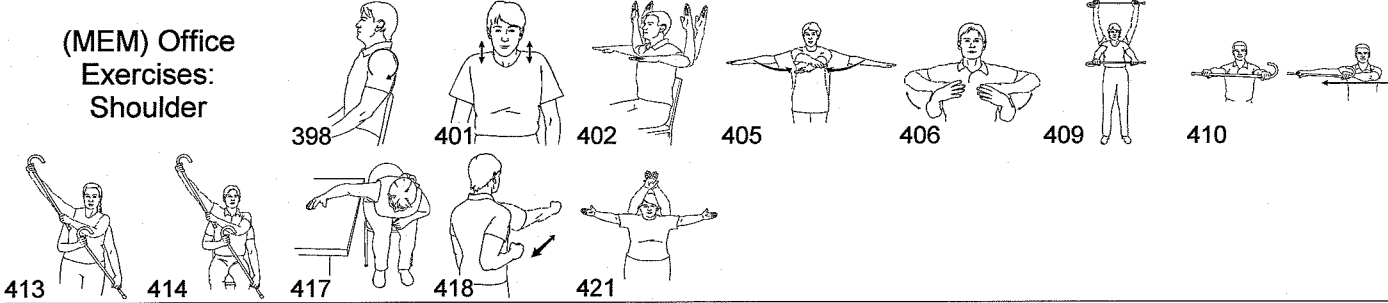
(MEM) Office Exercises:
Hip



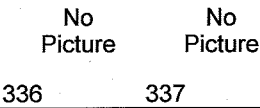
(MEM) Office Exercises:
Leg/Knee/Ankle



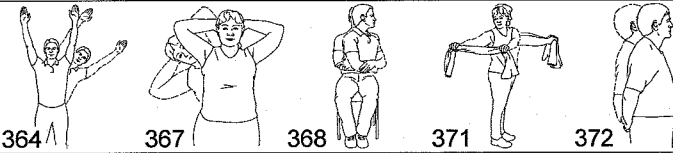
(MEM) Office Exercises:
Shoulder



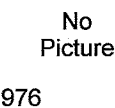
(MEM) Office Exercises:
Tips



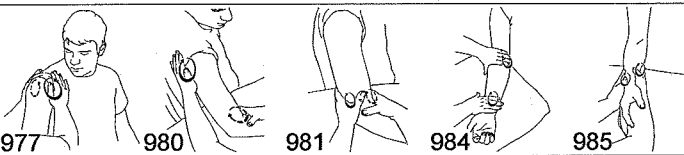
(MEM) Office Exercises:
Trunk



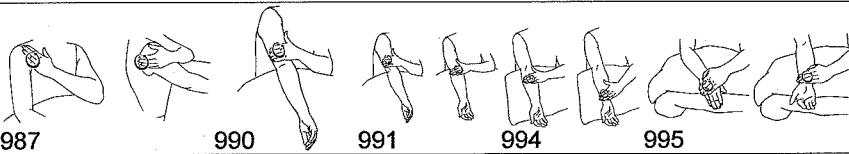
(MEM) Pump Points:
Tips



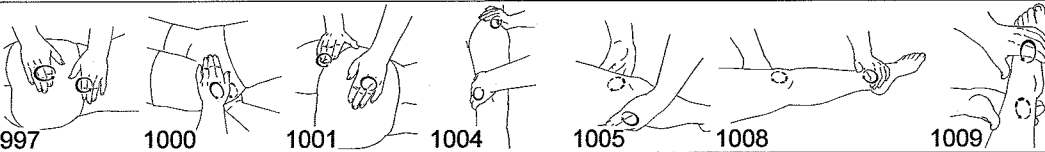
(MEM) Pump Points:
Upper Extremity With
Caregiver Assist



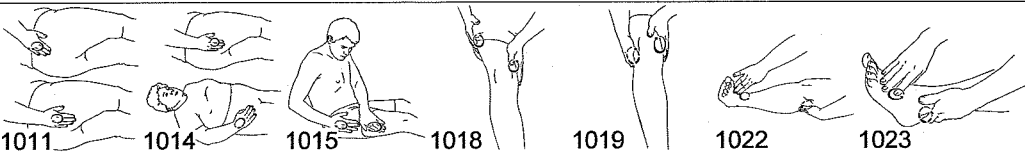
(MEM) Pump Points:
Upper Extremity
Without Caregiver
Assist



(MEM) Pump Points:
Lower Extremity With
Caregiver Assist

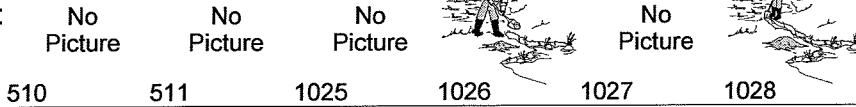


(MEM) Pump Points:
Lower Extremity
Without Caregiver
Assist

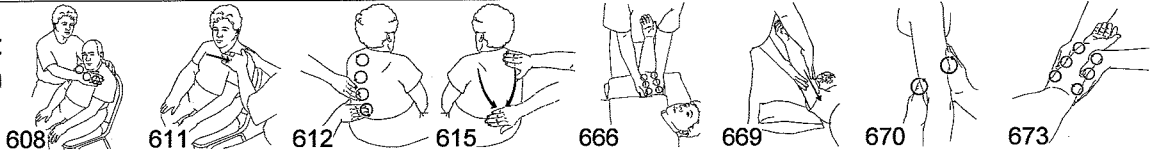
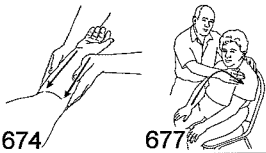


Lymphedema / MEM Kit

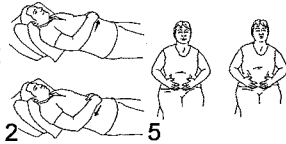
**(MEM) Self Massage:
Tips and Analogy**



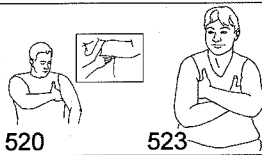
**(MEM) Self Massage:
Upper Extremity With
Caregiver Assist**



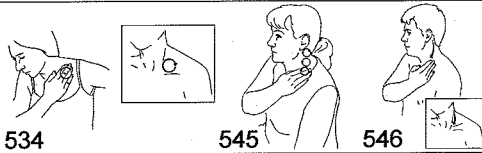
**(MEM) Self Massage:
Breathing**



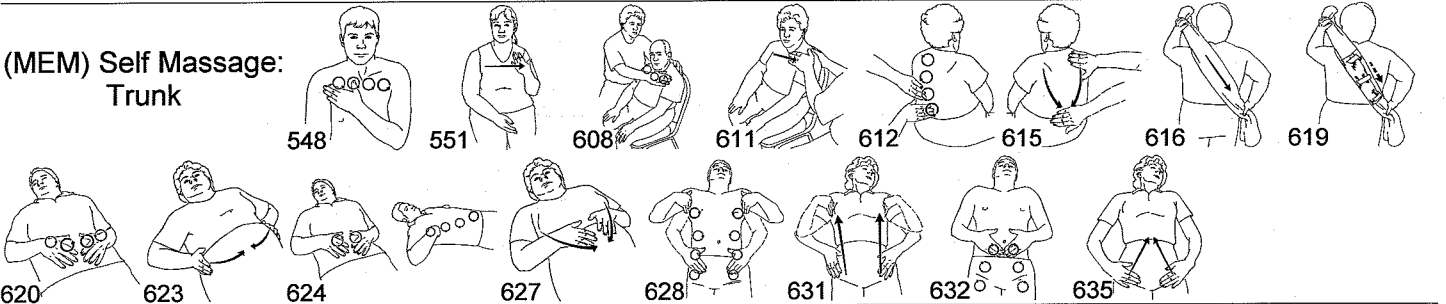
**(MEM) Self Massage:
Axillary**



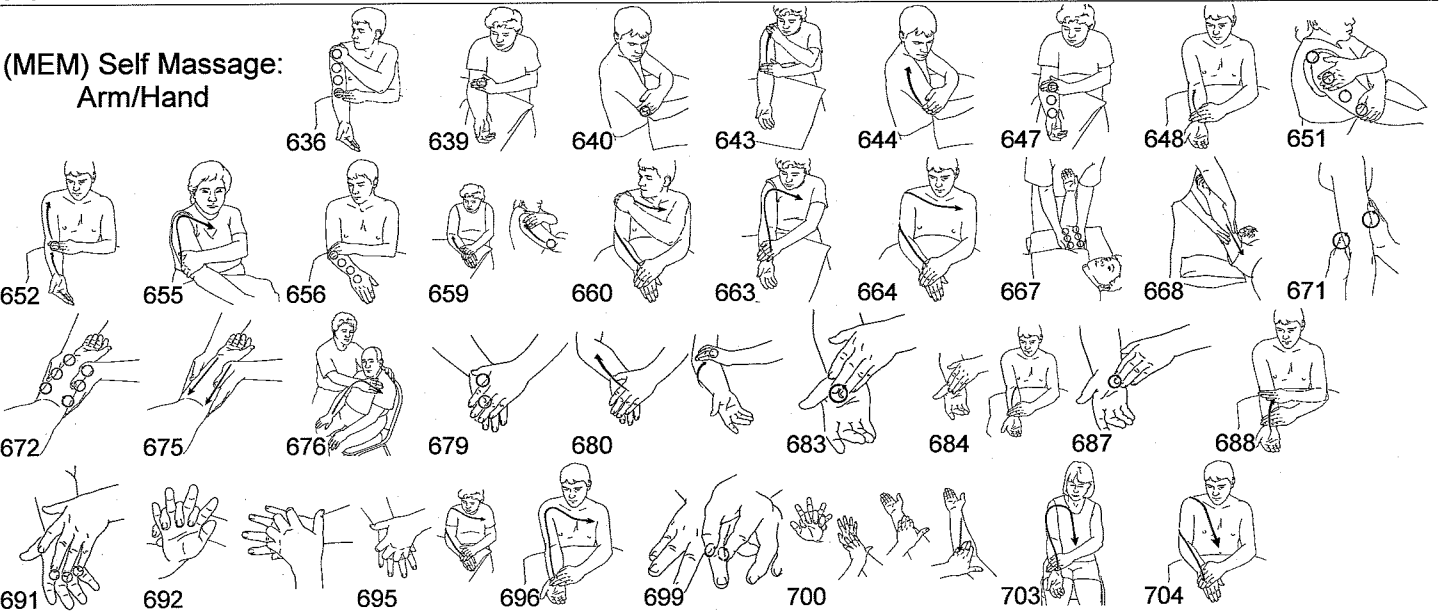
**(MEM) Self Massage:
Neck**



**(MEM) Self Massage:
Trunk**



**(MEM) Self Massage:
Arm/Hand**



Lymphedema / MEM Kit

(MEM) Self Massage: Leg/Ankle/Foot

