

# Hatha Yoga Kit

## General Guidelines

No Picture

No Picture

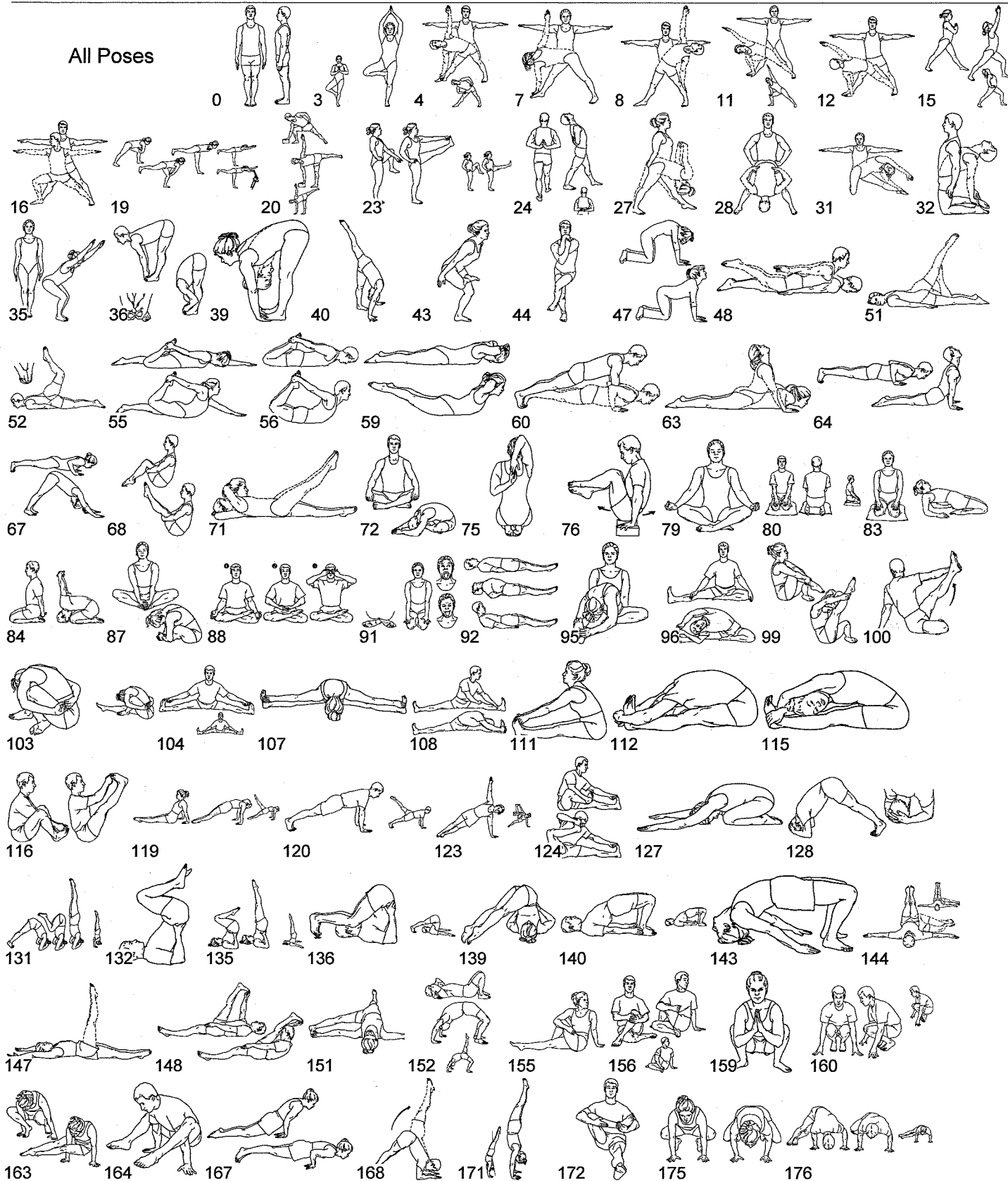
No Picture

218

219

220

## All Poses



# Hatha Yoga Kit

