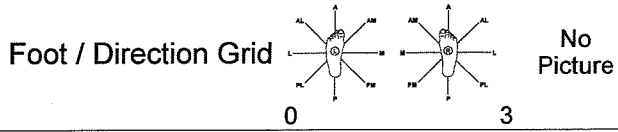
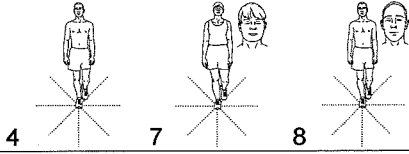


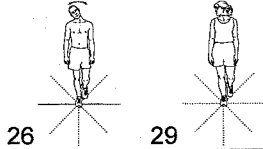
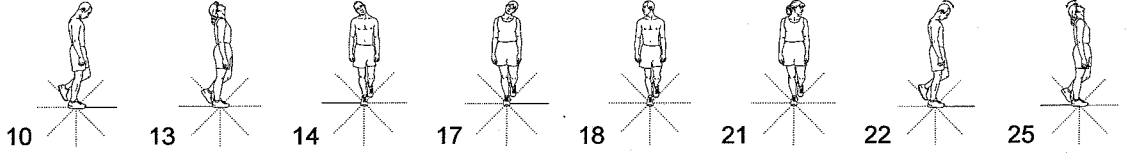
# Gary Gray: Balance Kit



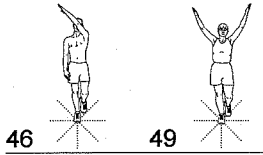
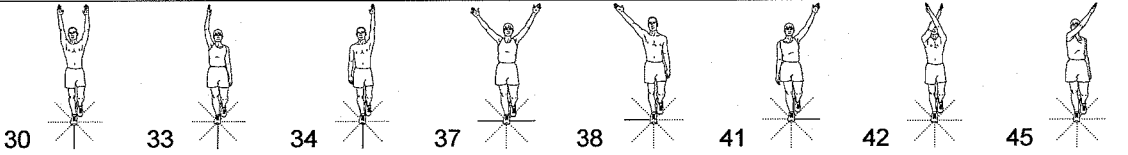
## Eyes



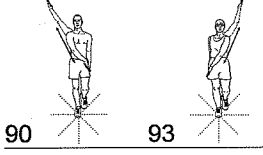
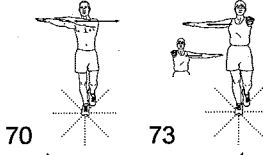
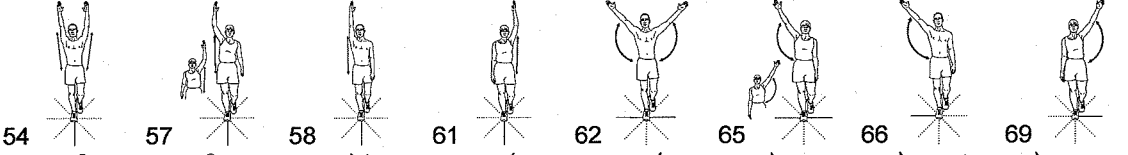
## Neck



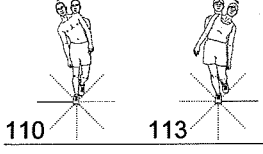
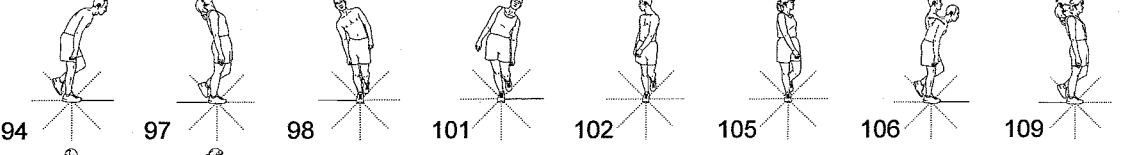
## Shoulders: Position



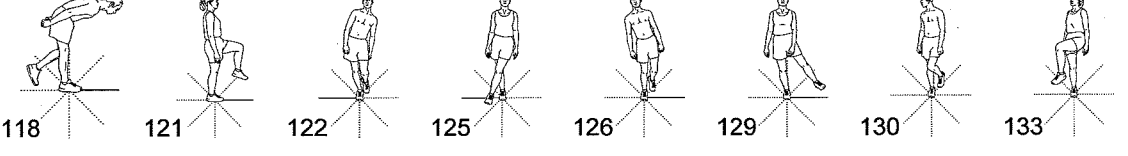
## Shoulders: Motion



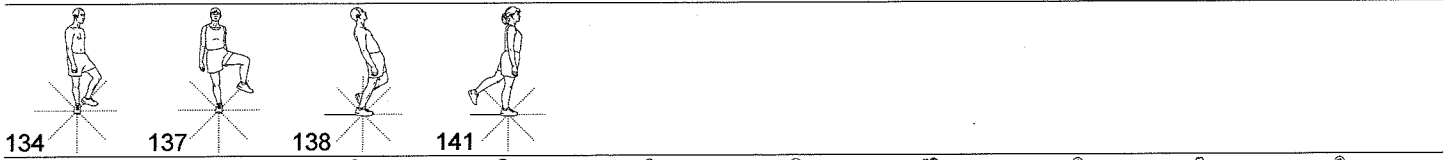
## Trunk



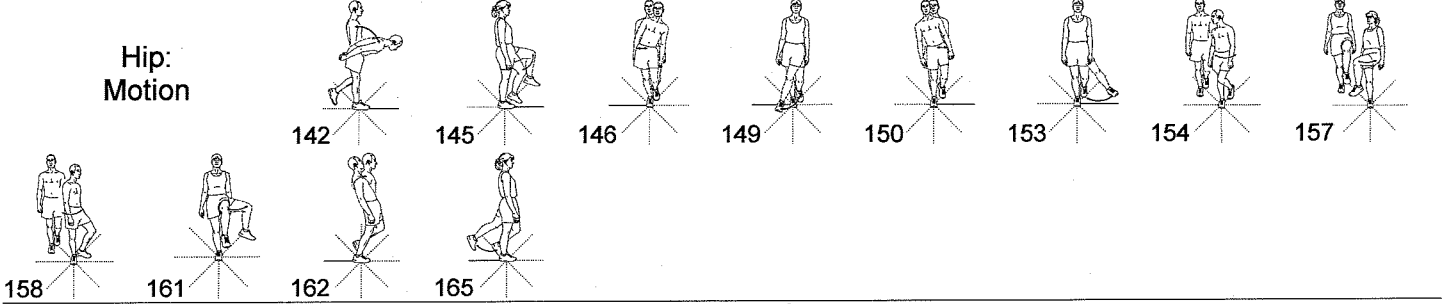
## Hip: Position



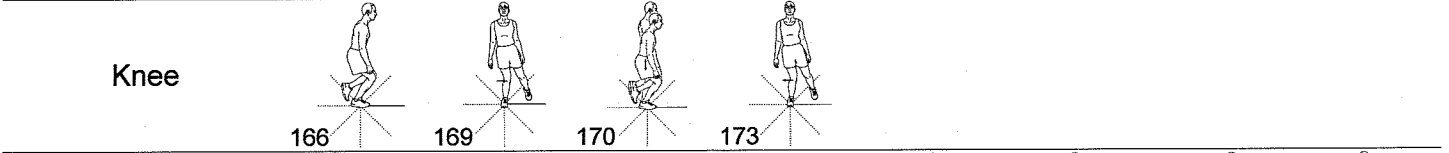
# Gary Gray: Balance Kit



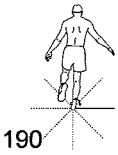
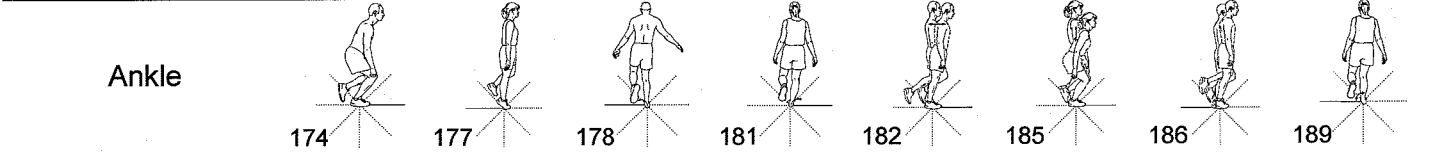
## Hip: Motion



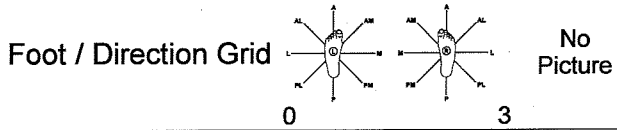
## Knee



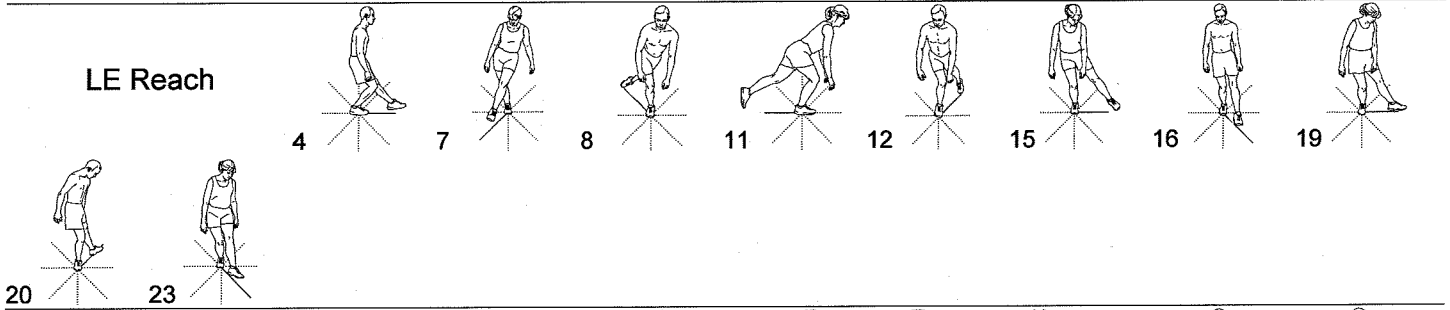
## Ankle



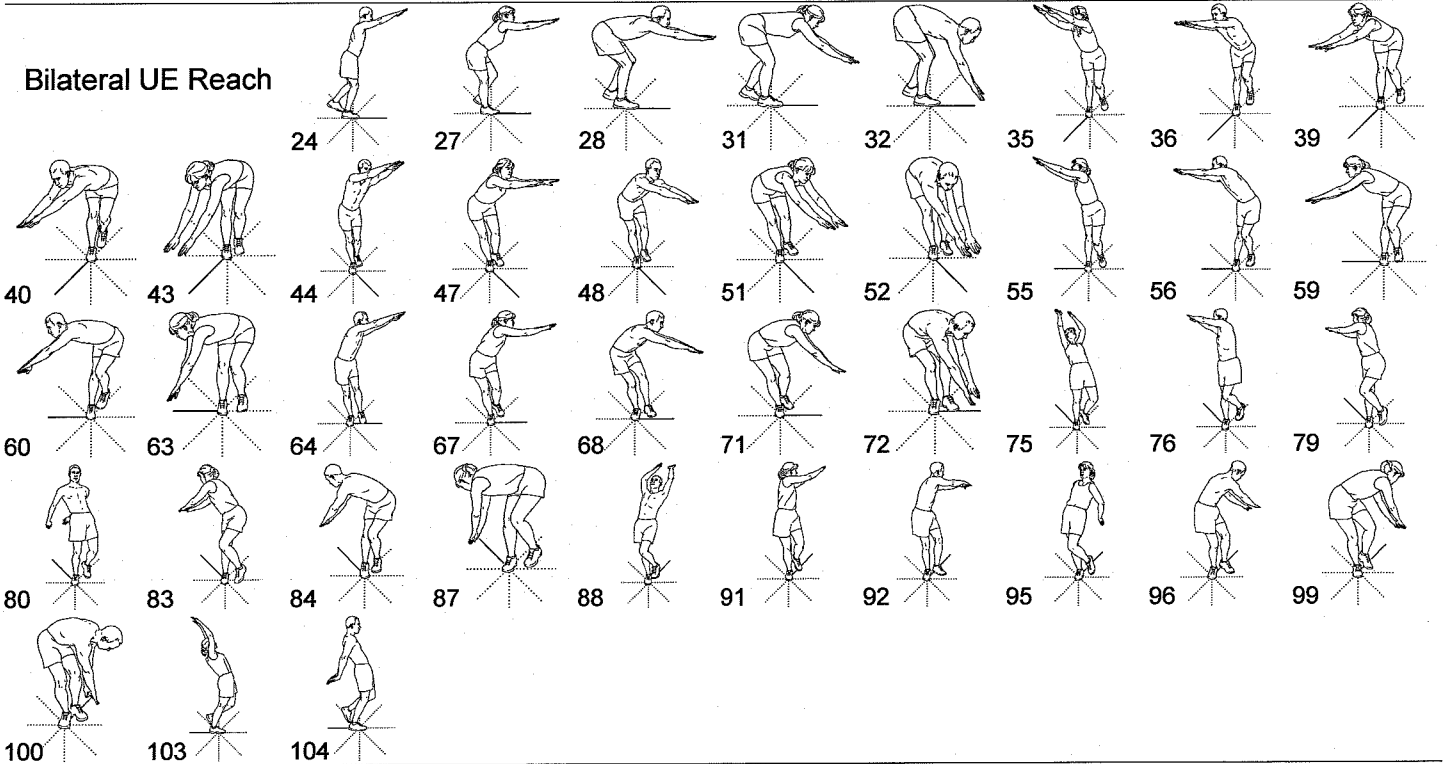
# Gary Gray: Balance Reach Kit



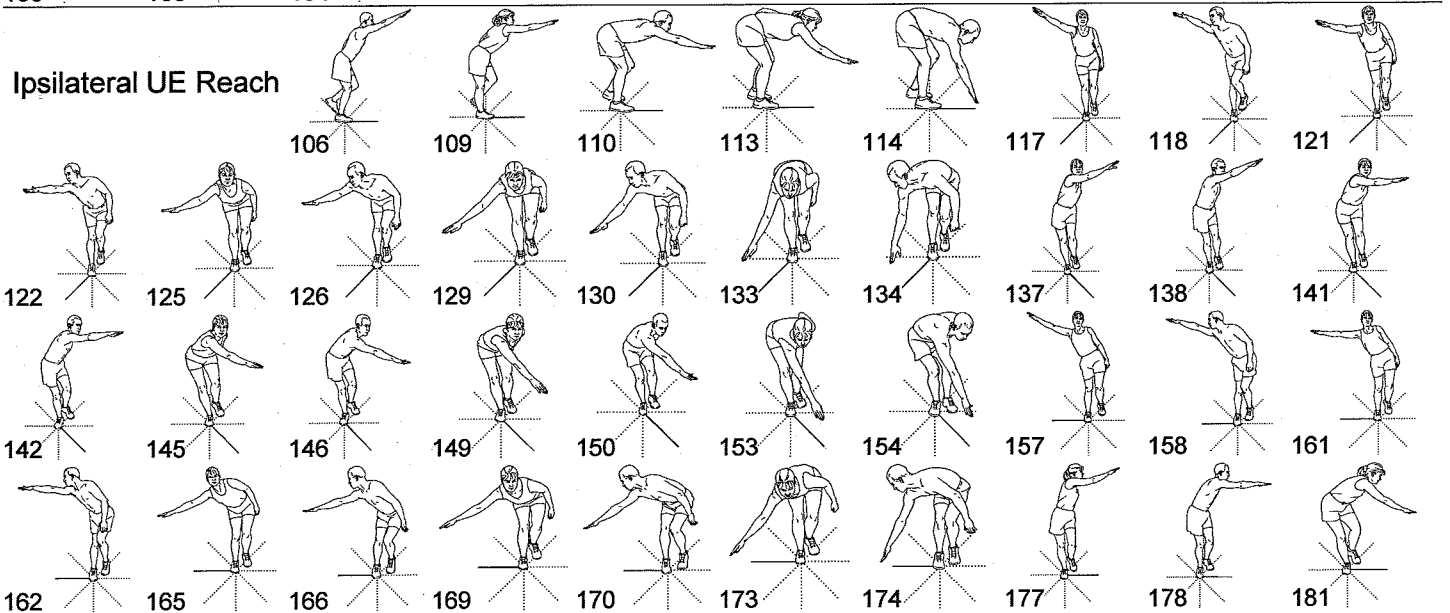
## LE Reach



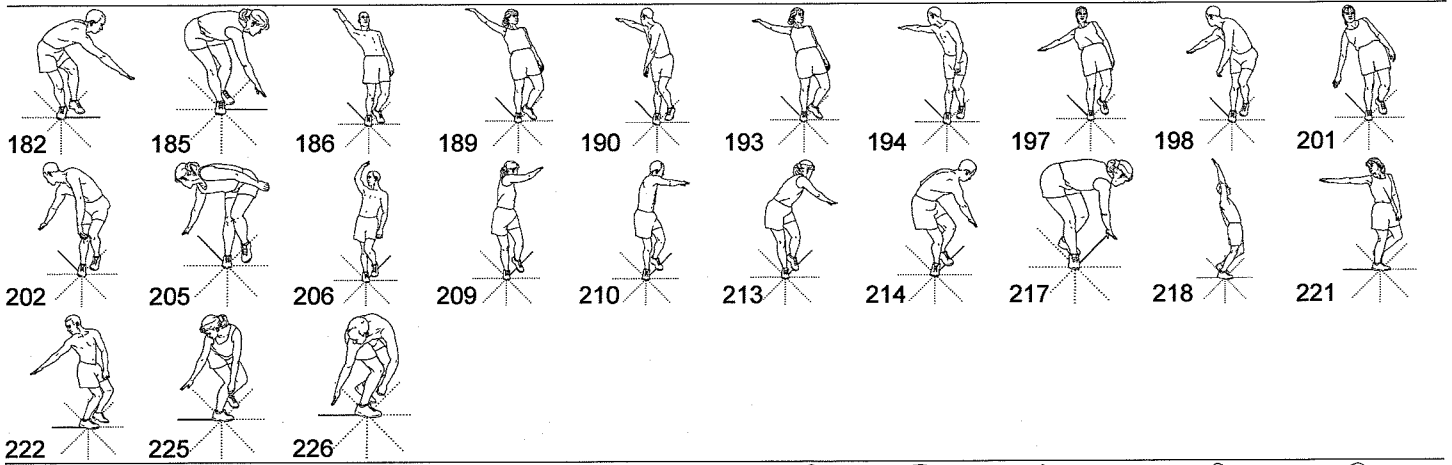
## Bilateral UE Reach



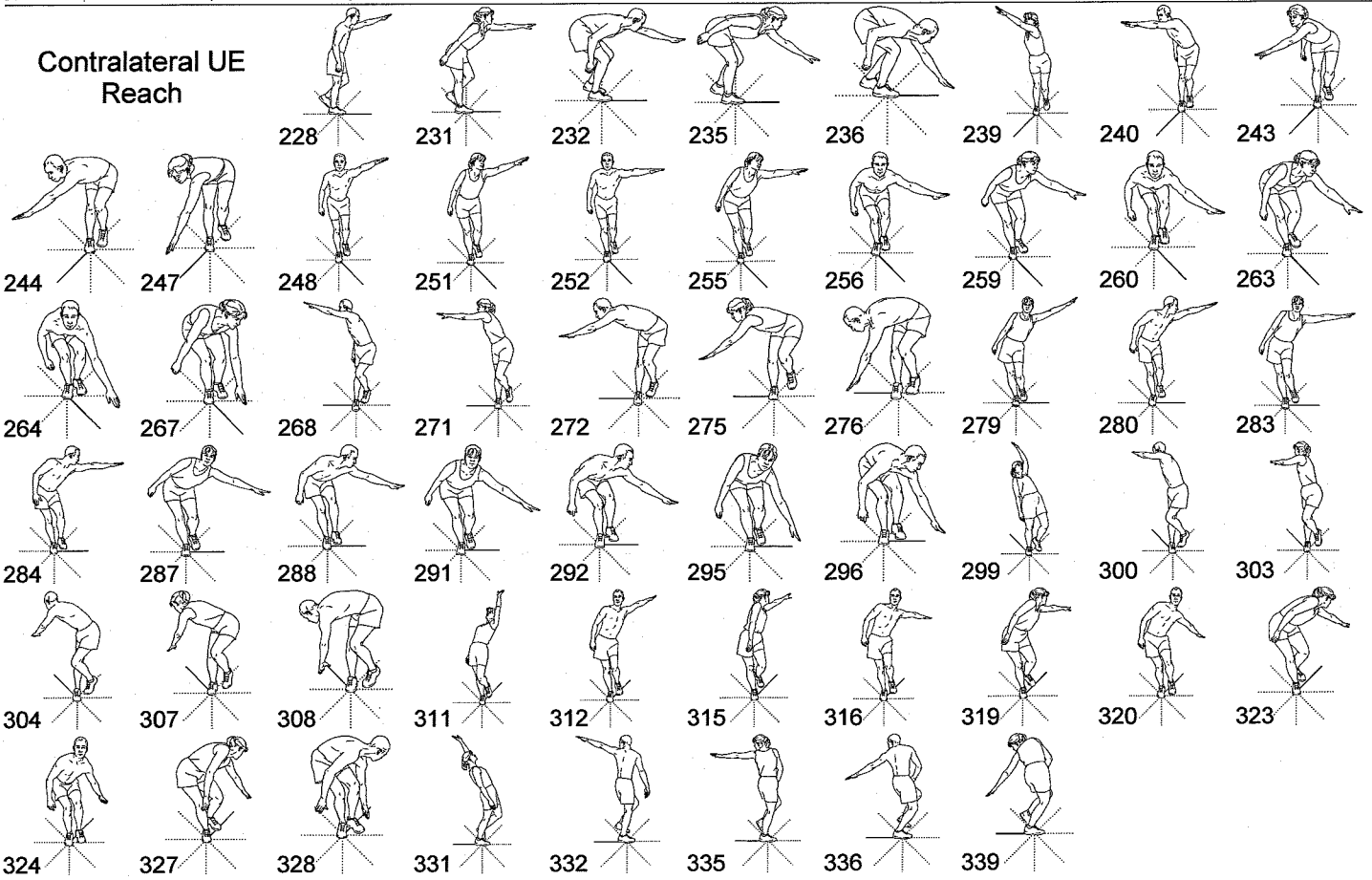
## Ipsilateral UE Reach



# Gary Gray: Balance Reach Kit

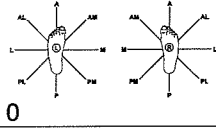


## Contralateral UE Reach



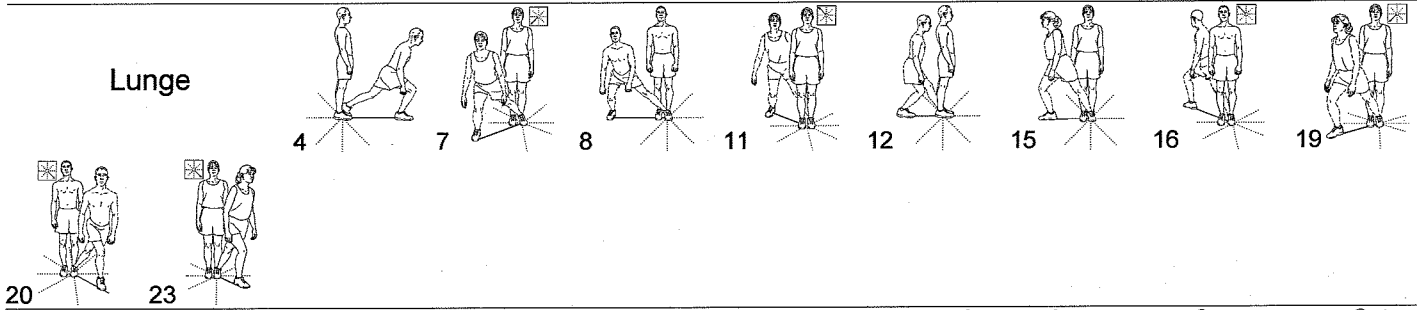
# Gary Gray: Lunge, Step, Jump, Hop Kit

Foot / Direction Grid

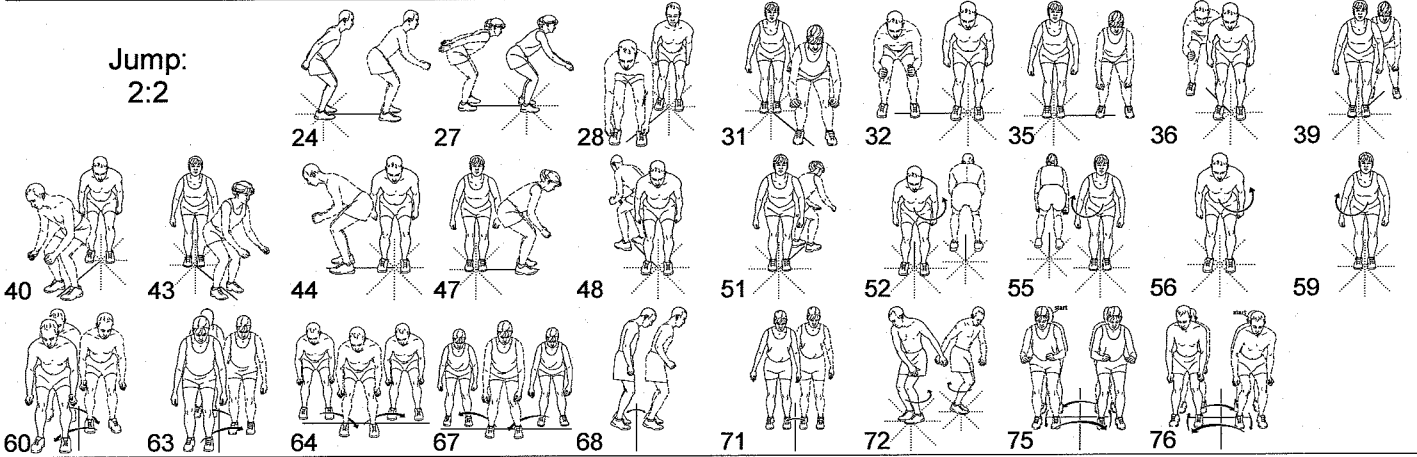


No Picture

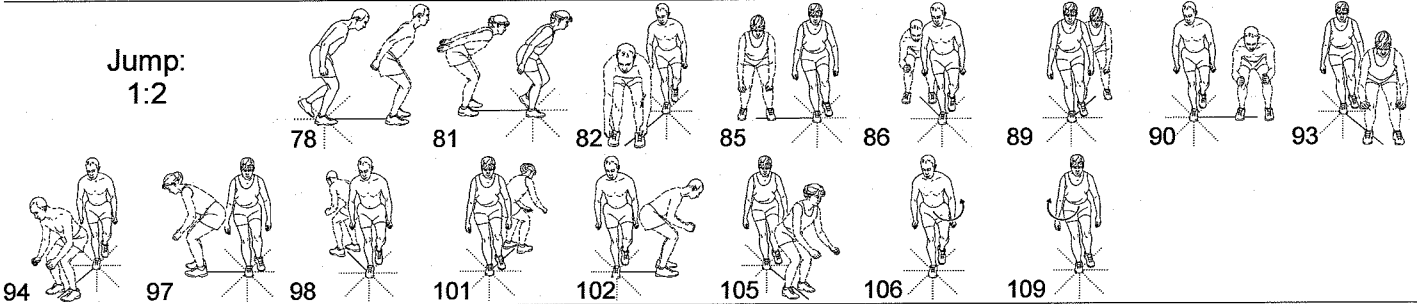
## Lunge



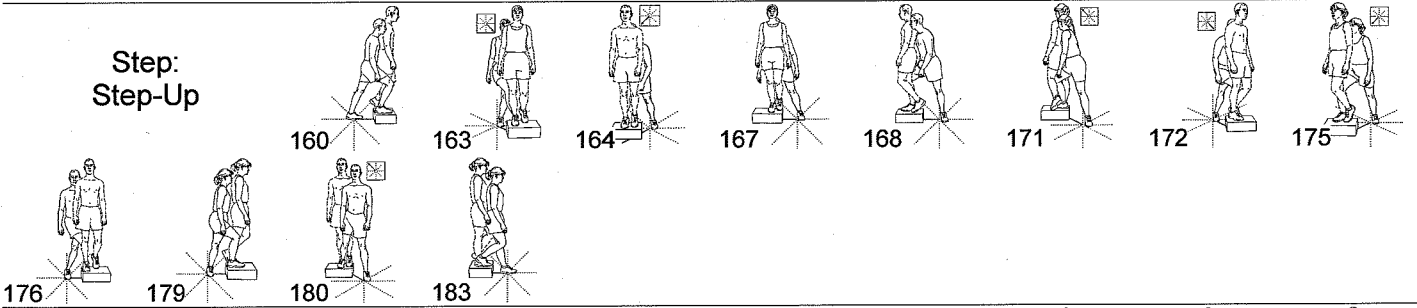
## Jump: 2:2



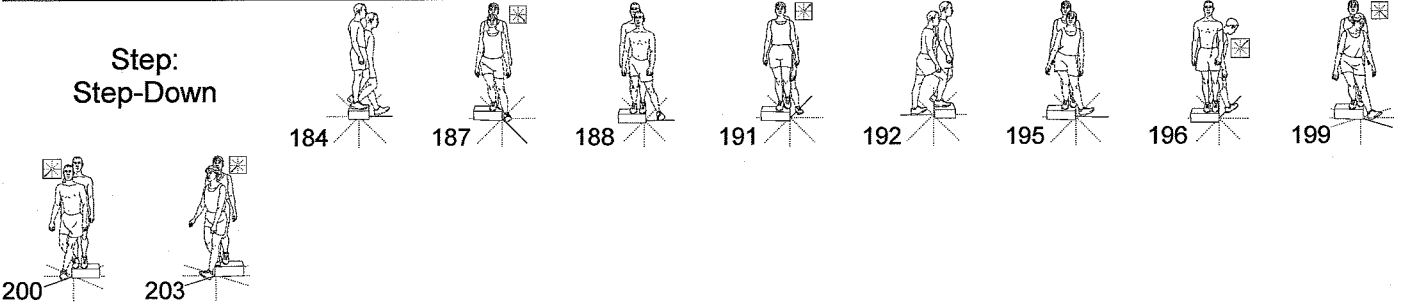
## Jump: 1:2



## Step: Step-Up



## Step: Step-Down



# Gary Gray: Lunge, Step, Jump, Hop Kit

Hop

